

LAS CANDALISTAS FEBRUARY NEWSLETTER

LETTER FROM THE PRESIDENT

From the President's Desk:

It's hard to believe that it's already February and the Spring Event is only three months away. Our general meeting in January was well-attended and we were a cheerful group. As we move through January, I will share that I am looking forward to February. Our Spring Event chairmen have made assignments to their many committees and are very busy getting organized. If you are an Active or Associate member and not a chairman, please pick a committee to work on and contact that chairman. If you are a Sustainer and would like to work the day of the event, please contact either Debbie Sampson, Karen Stockbridge, or Janie Woodburn and let them know what area you are interested in.

Last year the 2019 Spring Event luncheon was catered. Every year brings changes and our organization must decide how to step over the obstacles and make things work. Once again, the 2020 event will be catered. Perhaps in the future years we may again have a luncheon committee and return to preparing the luncheon menu ourselves. It is a huge and demanding job with a timeline that must be organized and maintained. So, onward we move and our three "Octopus's Garden" chairmen will begin the process of selecting a caterer and tasting the various options. Yum-Yum!

For our newest members, it may be impossible to imagine what is ahead of you over the next three months. The "Octopus's Garden" sounds like so much fun, but takes each one of you to help on the various committees, attend extra workshops, and stay calm. My first year in LC was so much more than my expectations had imagined. There were many appealing things going on and everyone was so friendly to include me in the happenings. I quickly became aware of the various talents of our membership. *"JOY is not in things; it is in us."*

See you on the 12th at the General Meeting.

Suzanne Manavian
President



BOARD OF DIRECTORS

The Nominating Committee is in place and will be considering members for the multiple officer positions for the 2020-2021 year. To familiarize yourself with each of the officer's positions please see the standing rules section of our current roster.

Being an officer is a great way to get more involved, make new friends and have a better understanding of this giving and creative organization. We welcome and encourage new and/or inexperienced members to take that leap of faith into the officer group. There is so much support amongst the officers for the new members and it is truly a fulfilling experience!

Please contact me if you have an interest in, or questions about any of the officer positions or event chairman positions. irenealmeidalascandalistas@gmail.com 310-486-1816.

ALSO-

We will soon be looking for nominations for the Board of Directors for next year. There will be 3 positions open for 2020-2021 term. Nominations will be accepted at the March General Meeting. Please talk to the members you think would be good and encourage them to run. Or, if you are interested yourself, please contact any of our current board members and let us know of your interest.

Thank you,

Board of Directors

Irene Almeida, Tracey Peffer, Janie Woodburn, Janis Davis and Sue Spellacy

PARLIAMENTARIAN

Please join us for coffee and snacks on February 12th at Ladera Linda.

Social: 9:00 am

General Meeting: 9:30 am

Our hostesses for this month are Polly Goodman (Captain), Lisa Neicolaci, Paula Redmond, and Karen Stockbridge. If you cannot fulfill your duties, please notify your captain and myself with the name of your replacement. Supplies will be available in the storeroom at Ladera.

Looking forward to seeing everyone!

Hollidae Brown
Parliamentarian

THRIFT

We will **NOT** be collecting Thrift at the February meeting. Our next collection will be at the March meeting. We will collect any new toiletries/cosmetics to be used for our Holiday Gift Bags.

Donna Ciminera and Jan Raymond
Thrift Co-Chairs

WEBSITE/SOCIAL MEDIA NEWS

WEBSITE REGISTRATION

If you haven't registered for the Member's Only portion of the www.lascandalistas.org site please do so!

Here's how:

Email to Laura H at lauhen6491@gmail.com what you would like your password to be.

It MUST follow all these guidelines

- It must be at least 12 characters
- A mix of upper and lower case letters
- No common words
- Must contain at least one number
- Must contain at least one of these special characters ! " ? % ^ &

Your email will be your user name.

SOCIAL MEDIA

We have 3 social media pages:

- A public Facebook page for anyone. Do a search on Facebook for Las Candalistas, or find us at www.facebook.com/lascandalistas Please like us, share and comment on our posts!
- A private Facebook page. You must ask permission to join. You can find this at facebook.com/groups/membersoflascandalistas. We use this page to post pics of our private events and share information
- Instagram. Search for Las Candalistas. Please follow us and like our posts!

Lastly, let us know if have anything you would like to post on our public social media pages. For instance, your involvement with our charities, a story to share about one of our charities, etc. It will have to be approved before it can be posted. Email Laura H at lauhen6491@gmail.com with pictures and what you would like the posting to say. You do not have to be on social media yourself to do this.

Thanks!

Laura Henson-Broussard and Janis Davis-McGarry
Webmistresses

EXCURSIONS

Over 40 of us visited the Jewel House and enjoyed lunch together on Wednesday, January 22nd. We had so many members interested in seeing this unique home that we had to split up the group into two as neither the home nor the restaurant could accommodate us all at the same time.

FOR OUR NEXT EXCURSION, we will be visiting the Long Beach Aquarium on February 26 and a clipboard sign-up will be available at our February 12th meeting. Unfortunately, the Aquarium does not offer discounts. The entrance fees are \$26.95 for general admission and \$22.95 for seniors. We will organize car pools and arrange a meeting place for lunch.

**Your Go-Go Gals,
Polly and Shelley**

PHILANTHROPY NEWS

Pediatric Therapy Network Thanks Las Candalistas

Pediatric Therapy Network recently sent Las Candalistas a year-end thank you letter. I'm sharing it's contents with you below:

Pediatric Therapy Network (PTN) is truly grateful to Las Candalistas for your continued generosity and commitment to helping us sustain and expand the delivery of our early education and therapeutic services. Your partnership has played an instrumental role in enabling us to deliver unparalleled quality of care that leads to transformative change in the lives of children with and at-risk for developmental disabilities and delays in our community. We are delighted to share with you the tremendous impact of your most recent gift to PTN.

Las Candalistas generously granted \$5,000 to support PTN's Leaps & Bounds program. Leaps & Bounds is a highly sought-after, effective early intervention program that has helped thousands of toddlers 18-36 months with and at-risk for developmental disabilities and delays in our community reach previously unimaginable heights. To support long-term developmental, health and academic outcomes, the program provides targeted educational and therapeutic interventions delivered by a multi-disciplinary team of early childhood education specialists, therapists and assistants in a group classroom setting. Class activities are adapted to accommodate each child's developmental ability and classroom facilities are equipped with therapeutic gym space, specialized equipment and an assortment of classroom supplies essential to the physical and neurological developmental needs of each child.

Since receiving grant funds, 299 children were enrolled in PTN's seven Leaps & Bounds classrooms in Torrance and Long Beach. Specifically, grant funds from Las Candalistas are being utilized to purchase classroom supplies that are essential to the success of the program and contribute to optimal outcomes among children with moderate to severe developmental delays. This past month, Leaps & Bounds held its annual Practice Feast. The goal of this holiday activity is to introduce our clients to foods that they might be presented with around the holiday season. For many of our children who experience sensory processing issues, trying new foods can be very challenging and cause additional stress for the family. Grant funds from NCL allow us to purchase a variety of snacks for our Leaps & Bounds program participants throughout the year including foods for our Practice Feast such as turkey, mashed potatoes, cranberries and pumpkin pie. By introducing these foods in a therapeutically-enriched and supportive environment, our clients begin exploring new textures and flavors and expanding their food repertoire. This exposure not only helps introduce our clients to new foods, but can also help to reduce the stress our families experience around holiday meals.



Similarly, grant funds were used to purchase an array of arts and crafts supplies that are thoughtfully selected to accommodate each child's sensory needs while helping them discover various textures, colors and forms. For example, our clients experimented making playdough and were thrilled to see how it bubbles and fizzes when it reacts to vinegar. Activities like this one help promote fine and gross motor skill development, creativity and healthy brain development.



By allowing us to outfit our Leaps & Bounds classrooms with a wide variety of supplies and snacks, your support not only helps these children become familiar with new textures and flavors, but more importantly you are encouraging them to try new things and step outside of their comfort zone. This willingness to engage in new activities has a profound impact on the entire family unit, as parents and caregivers are now able to expand their child's diet and engage in new activities that previously would have resulted in meltdowns, tears and increased stress for the child and parent.

To further demonstrate the impact of your ongoing support of our Leaps & Bounds program, we are honored to share the following words of gratitude from our families:

"My son is now willing to try more foods when before he told me "I don't like it". He's also able to speak 3- to 4-word sentences and can play on the equipment at the park. Prior to PTN, my son only spoke one-word sentences, wouldn't try anything, and wasn't able to play at the park independently."

"My son no longer struggles with transitioning to new things throughout the day. Initially, he had a hard time transitioning to new things, and just struggled. Now he's ok and doesn't put up a fight. Additionally, he's trying more new foods. PTN taught him "Take one bite" method, so now he has incorporated more foods into his diet. I absolutely LOVED everything about PTN and didn't want my child to leave. Although he had a short time at PTN, he is much better for it. PTN has taught him a lot and I believe set a great foundation for learning and progressing."

"We have been extremely happy with Leaps and Bounds. There is a significant change in our daughter's language. She is now asking for items in sentences. The PTN staff truly love the children and their jobs."

As we reflect on these accomplishments, we are once again filled with immense gratitude to Las Candalistas for your continued support which has greatly benefited children and families in our community. We look forward to sharing more with you in the New Year.

Fundraiser to Raise \$1 Million by June 2020

At this time, Marine Mammal Care is appealing to the Southern California community to help raise \$1 million by June 2020 to stay open. The Marine Mammal Care Center LA, has been overwhelmed by a spike in ailing animals and its switch in 2016 from a business to a nonprofit. MMCCCLA is presently battling to keep its facility open through 2020. The 2020 operating budget for the nonprofit was slashed “to a bare minimum,” but they are still \$1 million short of what they need. Donations have not kept up with the cost of food, medicine, veterinarians and other care for the animals. Presently, 80% of all funds raised goes directly to animal care.

MMCCCLA would appreciate our liking them on Facebook and sharing their story with our family and friends on social media. Here, you can stay in-the-know of upcoming fundraisers and other events.

If you'd like to read *The Patch* article which goes into further detail regarding MMCCCLA financial crisis, please click the following link: <https://patch.com/california/palosverdes/save-seals-marine-mammal-center-needs-1m-stay-open>

Update

As of January 21st, MMCCCLA has raised just more than half of their fundraising goal of \$1 million.



Collection to Benefit Marine Mammal Care and Annual Open House Day

MMCCCLA will be holding its Annual Open House from 11 a.m. to 3 p.m. on Sunday, February 16th, to celebrate its 10,000 day of operation. Visitors will be able to observe recovering seals and sea lions, browse exhibits in their Visitors Center, learn from demonstrations and presentations, meet local supporters, enjoy children's activities and more.



Let's lend our friends at Marine Mammal Care Center our Las Candalistas support by collecting donations of needed supplies from their "Wish List" at our upcoming February general membership meeting. All donated items will be delivered to the center at their Open House on February 16th on our behalf. Items requested are:

Most Urgent Needed Items

Sodium Chloride Tablets – 1G
Small, Medium, Large & XL Sized Nitrile Gloves
Home Depot Gift Cards
Amazon Gift Cards
Sodium Bicarbonate Ash (powder form)

Animal Care Needed Items

Laundry Detergent HE
Elastikon Tape 3"
Dawn Dish Soap
Duct Tape (Silver)
Vitamin C (non-chewables)
Fish Oil
Scotch Brite Heavy Duty Scrub Sponges
Distilled Water
Toilet Paper

Boys & Girls Clubs of Los Angeles Harbor After School Program Tour

The Boys & Girls Clubs of LA Harbor has invited Las Candalistas members to tour their facility and see their after school program in progress. The tour will be on Monday, February 24th, from 4 p.m. until 5 p.m. (please arrive 15 minutes prior). The address is: 1220 West 256th Street, Harbor City, 90710. I will pass around a sign-up sheet at our upcoming general meeting. For those who are unable to sign-up at our February meeting, please email me to let me know you'd like to attend.

If anyone has any questions, please send me an email and I will answer all questions as best as I can.

Thank you for all you do to make Las Candalistas a great group to belong to.

**Amy Mosher
Philanthropy**

OCTOPUS'S GARDEN
SPRING EVENT 2020
APRIL 23TH AT CATALINA VIEW GARDENS

Well, ladies, we are at 13 weeks and counting! Yes, you read that right. So, now is the time to get busy! Most things are now in place, including our Chairs and Co-chairs. See the list of Chairs and Co-chairs below.

We are inviting our guests to celebrate the wonder of our beautiful oceans and all of the sea life that the oceans support. Our keynote speaker is President of the Wyland Foundation, Steve Creech. The Foundation was founded by world-renowned marine life muralist Wyland, and has inspired millions of people to become more caring, solution-oriented stewards of our oceans, lakes, rivers, streams, and wetlands. Over the last 20 years Steve and Wyland have blazed a trail around the world creating massive art projects including art for the Beijing and Vancouver Olympics. There are now 101 larger than life "Whaling Wall" murals like the 1991 mural right here in Redondo Beach, and groundbreaking grassroots projects across the US all in support of our whales and waterways. Steve will give us insight into the Foundation's efforts to address some of the most pressing issues facing the health of our oceans as well.

We should have an image by the end of January for our very exciting Opportunity Drawing which will feature an ORIGINAL Wyland painting, created specifically by the artist for THIS fundraiser. A very special piece for sure! Along with the painting is an overnight stay near Laguna Beach where the winner will have the opportunity to be a guest for an upcoming Laguna Beach Gallery Show and meet and have a photo with Wyland himself.

Things are taking shape! But what do we need help with? We need Men! Yep, we need help on the Wednesday and Thursday. For the first time Beacon House is charging, so we want to see what help we can get. If your husband/boyfriend/neighbors/sons are willing to give us some time please let Debbie know so we can start including them in our schedule. We will need a few Wednesday morning, most on Wednesday afternoon, a few on Thursday morning, and lots on Thursday afternoon. Please email Debbie debs744@hotmail.com with their names, when and how long they can help for. We will confirm when we can utilize them.

Chairs and Co chairs

Area	Co-chairs	Provisional	Managed by
Bake/Pantry	Nancy Bruce Sharon Logan	Cathy Cindy	Debbie
Found Treasures	Judy Moorhead Bridget Haber		Debbie
Rentals (Classic, York, LC and tablecloths)	Paula Tuckerman Sue Spellacy		Debbie
LC Creations	Susan Sanborn Konni Tanaka Michelle Joye Carla Smith	Lorri Lisa	Debbie
Libations	Paula Redmond Tracey Peffer		Debbie
Members Hospitality	Karen Tucker		Debbie

Speakers	Event Chairs		Debbie
Silent Auction	Karyn Farris Sue Soldoff	Joan	Debbie
Wine bar	Laurie Anderson Nanci Browning		Debbie
Work Schedule	Event Chairs		Debbie
After Event Party Planning	JoAnne Mineo		Janie
Ambience	Laura Webb Janie Hassleman		Janie
Flowers	Christina Jespersen Joanne Mineo Val Stanton Marlyn Franklin		Janie
Luncheon and Head Waitress	Laura Henson		Janie
Opportunity Drawing	Amy		Janie
Tables/Centerpieces	Elaine Trutanich Freddie Benson		Janie
Vendors	Kathy Black Cheryl Deppe		Janie
Will Call	Hollidae Brown		Janie
Cashier	Judy Armstrong		Karen
Garden Shop	Ann Goodhart Belinda Krekorian	Monika	Karen
Grounds (Porta Potties/SUP/	Janie Hassleman Anne Goodhart		Karen
Logistics	Irene Almeida		Karen
Parking	Danielle Weinstock Ann Nelson		Karen
Publicity/invitations	Selina Hamilton		Karen
Social Media	Janis Davis		Karen
Reservations	Polly Goodman		Karen

SPRING EVENT BAKE SHOP DATES
SAVE THE DATES!

Please mark your calendars for **Monday, March 9 and Tuesday, March 10** for Bake Days at Riviera United Methodist Church. We need everyone's help in baking the goodies that we sell at our Spring Event. We can't do it without you. This is a great time to get to know our newer members and to have fun chatting and laughing while we stir, chop and bake. Thank you.

Your Bake Shop Committee,
Sharon, Nancy, Cathy, Monika, Nancy and Cindy

LC CREATIONS

Spring Event Needs and Information

We are requesting the following items:

Michael's or Joann's coupons
Pieces of 100% cotton fabric no smaller than 18"x22"
White 3x3 square porcelain tiles
Unusual shaped glass bottles

We also have a number of workshops planned and some in planning stage, which we will need a few additional helping hands (look for sign-up sheets at general meetings or contact the person in the eblast) for each of the days. Our first set of workshops include:

Feb 19 sewing prep day – we will be cutting fabric for several projects. This will require standing for a good amount of time and precise measuring skills, and attention to detail.
Location: TBD

Feb 21 making bees wax wraps at Carla's house. See sign-up sheet at Feb. General meeting please.

March 9 and 10th Sewing days if you have a sewing machine or serger please contact Michelle (310/831-3750) if you would be willing to sew using your own machine. Location Rivera UM Church.

March 10 Shibori Scarf Prep Day (morning only)

We will be creating a number of scarfs using a Shibori method of dyeing.

To participate in this workshop YOU MUST CONTACT MICHELLE JOYE. THIS IS A TWO-DAY WORKSHOP with possible homework after the first day. **You must commit to both days, and possible homework.** You will be stitching and or pre-folding scarfs on this day. FOLLOWING, March 16th from 9:30 am -? will be the dye day. Dying will take place at Michelle's house, outside. ALL SCARFS WILL BE SOLD AT THE EVENT ONLY.

ADDITIONAL WORKSHOPS ARE BEING PLANNED: ITEMS, LOCATION AND TIME WILL BE EBLASTED TO ALL MEMBERSHIP.

FOUND TREASURES

Dear Members,

This is the time to begin looking through your homes for items you want to donate for found treasures. Also, please consider telling your friends and neighbors that Las Candalistas is happy to accept the crystal and silver they no longer want or need.

You can contact any of us via phone or email. We appreciate receiving your treasures at your earliest convenience.

Judy Moorhead (310)697-9603 or email—judyjaymoorhead@gmail.com

Brigitte Haber (310)541-5902 or email—bmkhaber@gmail.com

Barbara Smith (310)544-0082 or email—bpspve@cox.net

Found Treasures Co-Chairs

GARDEN SHOP

We are about to start the planting for Garden Shop for Octopus' Garden. If you have any unusual containers that you think we could use, please bring them to the February meeting or let us know. Also, we could use cuttings from your succulents, anything but jade, please.

Thanks bunches,

Ann Goodhart, Belinda Krekorian, & Monika Bauer

MEMBERSHIP

Well, ladies believe it or not it is that time of year to start thinking about New Members. Have you met someone that is new to the area? Met someone new at the gym? Met someone that would be a good fit for our fabulous group? Let us know the names of any potential members as we would love to meet with them and tell them all about Las Candalistas.



HAPPY BIRTHDAY TO OUR FEBRUARY BIRTHDAY GIRLS!

Mary Sloper 2/01

Cathy Howard 2/02

Donna LaMont 2/03

Jean Fabera 2/11

Janis Davis 2/12

Joanne Evans 2/17

Nancy Hauge 2/17

Catherine Kauffman 2/17

Karen Stockbridge 2/18

Lois Olsen 2/19

George Bender 2/22

Debbie Conlon 2/24

Erika Barber 2/26

Robyn DeWitt 2/26

Irene Almeida 2/28

**Paula Redmond and Judy Morehead
Membership Co-Chairs**

FEBRUARY 2020

February Birthday Girls

SUN	MON	TUE	WED	THU	FRI	SAT
						01
						Mary Sloper
02	03	04	05	06	07	08
Cathy Howard	Donna LaMont		Officers Meeting			
09	10	11	12	13	14	15
		Jean Fabera	General Meeting Janis Davis			
16	17	18	19	20	21	22
	Joanne Evans Nancy Hauge Catherine Kauffman	Karen Stockbridge	Lois Olsen			George Bender
23	24	25	26	27	28	29
	Debbie Conlon		Erika Barber Robyn DeWitt		Irene Almeida	