Las Candalistas

LAS CANDALISTAS FEBRUARY

NEWSLETTER

LETTER FROM THE PRESIDENT



Happy February to all our LC Busy Bees!!!

We are all so excited about the theme of our upcoming Spring Event!, "The Secret Life of Bees". There's a lot of fun plans in the works. The 3 Committee Chairs are buzzing with their planning.... April 21st will be here before we know it! Have a look at their article and all of the ways you can help and join the fun.

Tomorrow (Feb 2nd) is Groundhog Day. Do you remember the movie *Groundhog Day* when Bill Murray wakes up and every single day is Groundhog Day? Well...here we go again. The Omicron variant is actually on the way down, but not soon enough for our February General Meeting. **We will once again be on Zoom.** We will send a link out via e-blast early next week. Next month, if there is not another surge I'm hoping we will be in person. OR, does anyone have a backyard big enough to accommodate us all outdoors for a March General Meeting, BYO Chairs? Let me know if you do...

The other day I came upon an informative and inspirational story about Bees, and I thought it would be fun to share it with you all... Here it is:



My dad has bees. Today I went to his house and he showed me all of the honey he had gotten from the hives. He took the lid off a 5-gallon bucket full of honey and on top of the honey there were 3 little bees, struggling. They were covered in sticky honey and drowning. I asked him if we could help them, and he said he was sure they wouldn't survive. Casualties of honey collection I suppose.

I asked him again if we could at least get them out and kill them quickly, after all he was the one who taught me to put a suffering animal (or bug) out of its misery. He finally conceded and scooped the bees out of the bucket. He put them in an empty Chobani yogurt container and put the plastic container outside.

Because he had disrupted the hive with the earlier honey collection, there were bees flying all over outside.

We put the 3 little bees in the container on a bench and left them to their fate. My dad called me out a little while later to show me what was happening. These three little bees were surrounded by all their sisters (all the bees are females) and they were cleaning the sticky nearly dead bees, helping them to get all the honey off of their bodies. We came back a short time later and there was only one little bee left in the container. She was still being tended to by her sisters.

When it was time for me to leave, we checked one last time and all three of the bees had been cleaned off enough to fly away and the container was empty.

Those three little bees lived because they were surrounded by family and friends who would not give up on them, family and friends who refused to let them drown in their own stickiness and resolved to help until the last little

bee could be set free.

Bee Sisters. Bee Peers. Bee Teammates.

We could all learn a thing or two from these bees.

Bee kind always~ ~author unknown

Were those 3 bees our 3 Event Chairs? Or are they our top 3 Charities? Can we do everything to help them fly with this fabulous event? YES my lovely ladies of Las Candalistas, let's all be like bees and work together to plan the most awesome, successful fundraising event we can even if it gets a little sticky along the way!!!

Karen Stockbridge President

BOARD OF DIRECTORS

The Nominating Committee is being formed and will be considering members for the various officer positions for the 2022-23 year. If you are interested in serving as an officer, please review the responsibilities for the different positions in Section V of the Standing Rules found in the back of your Las Candalistas Roster. Being an officer is a great way to become more involved, make deeper friendships, participate in the behind the scenes work and discussions of all events and decisions made. Plus, you will gain a better understanding of Las Candalistas and the many ways we help our charities.

New and/or inexperienced members are encouraged to step out and take that leap of faith into the officer group. There is so much support amongst the officers, especially for the new members! It is truly so fulfilling! Please contact me if you have an interest in, or questions about any of the officer positions or event chairmen positions, or just need a little encouragement to take that next step: <u>lapwebb@gmail.com</u> or **352-232-3999**

ALSO! We will soon be looking for nominations for the Board of Directors for next year. There will be 3 positions open which we will need to fill. Nominations will take place at the March General Meeting. Please talk to the members you think would be good and encourage them to run. If you are interested yourself, please contact any of our current Board members and let us know of your interest.

Thank you,

Laura Webb, Chair Hollidae Brown, Polly Goodman, Janie Hasselman, Karen Tucker Board of Directors

PARLIAMENTARIAN

The Wednesday February 9th General Meeting will be on ZOOM.

Please watch your inbox for instructions on how to access the meeting.

Social 9:00 Meeting Starts: 9:30

Karyn Farris Parliamentarian

<u>THE SECRET LIFE OF BEES - 2022 SPRING EVENT</u> <u>REPORT FROM THE QUEEN BEES</u>

Have you heard the latest buzz?

We're so excited to announce that after two years, we're planning our in-person Spring Event at the fabulous Catalina View Gardens on Thursday, April 21, 2022. Mark your calendars and tell your friends! We're back! We have been busy bees working on securing Committee Chairs for all the positions that are an absolute must to put on this event and we have some wonderful members in place. But we need your help! We still need a Bake Chair. We already have bakers in place who want to bake and have reserved the church for the bake days on <u>March 22-23</u>. We just need a Chair/Co-Chair to help organize and communicate with your bakers. We know there's someone out there. We would love to have you be part of our hive!

How else can you bee of assistance:

- Join a committee. See below a list of all Committee Chairs/Co-Chairs and their position.
- Attend the bake days on March 22-23.
- Read the articles from some of our Chairs seeking help.
- Start buttering up your husbands, sons, etc. We're going to need their assistance.

We want this to bee an unbeelievable event and we thank you for your support!

LISA	CHAIR	CO-CHAIR	COMMITTEE MEMBERS
Found Treasures	Judy Morehead	Hollidae Brown	
Libations	Paula Redmond	Tracy Peffer	
Logistics	Suzanne Manavian		
Luncheon Liaison	Gina Radocchio		
Members Hospitality	Karen Tucker		
Head Waitress	Irene Almeida		
Parking	Danielle Weinstock	Karyn Ferris	
Vendors	Susan Yamate		
LORRI			
Ambiance	Ann Goodhart	Belinda Krekorian	
Centerpieces/Flowers	Janie Woodburn	Joanne Mineo	
Invitations	Janis Davis (Programs)	Polly Goodman (labels)	
Programs/Labels	Janis Davis		
Publicity	Laura Henson		
Reservations	Laura Henson	Polly Goodman	
Wine Bar	Cheryl Deppe	Joanie Sedillo	
Silent Auction	Debbie Sampson	Kathy Black	
CATHY			
Bake Shop	TBD		
Cashier/Will Call	Judy Armstrong		Polly Goodman/Janis Davis
Garden Shop	Karen Stockbridge/Laura Webb		
LC Creations	Lynda Black	Pat Hoffman	
Rentals	Nanci Browning	Debbie Bramhall	Randi Young
Scheduling	Cathy Howard		
THE QUEEN BEES			
Speakers			



THE SECRET LIFE OF BEES - COMMITTEES

Found Treasures

We are in need of Found Treasures.

Most of our members are aware of the quality we like. Reach out to friends who are down-sizing.

Call Brigitte Haber (310) 541-5902 or Judy Moorhead (310) 697-9603 for information about how to arrange drop offs or pick-ups.

LC Creations

LC Creations is looking for someone that makes soap. We are looking for someone that could make approximately 3 dozen (or more!) soaps that contain bees wax.

Contact Lynda Black at <u>bljs@msn.com</u>

Logistics

Hi Ladies,

As we prepare for the Spring Event, the many chairwomen, volunteers and members will be planning, designing, preparing their sections. Times have changed and we had to bid 'Adieu' to our storage room at Ladera Linda.

As the props, supplies, tarps, containers and so many other items that have been stored at Ladera Linda were being evaluated and then transferred to the container over the past months, deteriorated items had to be thrown away. As we move forward, we cannot assume items used in the past are still available.

Logistics will move items from storage to the Venue Site on Wednesday April 20th. Please make a list of the items you will need. There will be a set of available times that chairmen can go to the Rancho Containers to mark the items that need to go to the Event venue for set up. There will be an eblast detailing the dates and times. As we have done so many times in the past, Chairmen will mark the items they will use with painters' tape and a sharpie stating the name of the Committee as well as the year. So. for example, Garden Shop would write "Garden 2022".

Logistics/Suzanne Manavian will keep your running list and can modify it as you go

In addition: We need muscle! Please let me know if you have a husband, son, or strong friend who can help with loading and set-up. We will need help on Wednesday April 20th (set-up day), the morning of the event and immediately after the event (Thursday April 21st).

Email or call me.

Suzanne Manavian suzannemanavian@gmail.com home(310 544 2822) cell (310 344 3415)

Garden Shop

Planning for the 2022 Garden Shop has begun and is moving forward at a quick pace! Thank you so much to those of you who have already donated plants, containers, strange things that look like they might be really unusual containers. But (and you know, there's always a But), we have a list of some things that we still NEED, and we're hoping you might have some of these things hiding in your garage or basement or backyard or wherever you keep unusual, interesting items.

First, here is our list of things that might go into an unusual pot or container:

- Green moss
- Black, smooth rocks
- Clean sand
- Succulents of all kinds---especially those of bright colors like reds, yellows, oranges
- Air plants
- Jade

Second, we can use:

- Terra cotta pots/saucers---all shapes and sizes except mini ones
- Medium pots
- Large pots up to 12 inches in diameter
- Large mason jars (pint size, i.e., 16 oz., Lids not required)
- Birdcages

- LanternsBlack Pots
- Rustic potsBlue pots
- Copper Pots
- Blue pots Bright solid color, shiny pots
- Pottery and China--teapots, soup tureens, large sugar or creamers, even with chips!
- Silver bowls, shiny metal bowls of different colors
- Metal or ceramic watering cans
- Grapevine and twig wreaths

If you have anything on our list that you can donate, <u>please take pictures of your hidden treasures and</u> <u>email or text them to:</u>

Karen Stockbridge: <u>kostockbridge@gmail.com</u> (503) 998-2730 Laura Webb : <u>lapwebb@gmail.com</u> (352) 232-3999

We will be glad to make arrangements with you to pick them up. Thanks so much for your help with this!! See examples below.



Vendors

We are excited that our April event will feature some of the vendors we love such as AndiB, BarAuChocolat, Social Butterfly, and Aroma Therapy. In addition, we are excited to welcome some newer ones such as Mrs. Hovie's Toffee and Rock Goddess Jewelry! HOWEVER, we could still use a few vendors in other areas like Home Décor, Candles, Olive Oil, or Self-Care items (to name a few) If you have any contacts don't hesitate to contact me at <u>wrapwithme@gmail.com</u>.

Thank you all!

Susan Yamate - Vendor Coordinator

Silent Auction



According to Google, "Each worker bee visits **thousands of flowers to collect nectar** and helps turn it into sweet, nutrient-rich honey." As members of Las Candalistas, we have mimicked bees for over 50 years. We have been generous, creative, and utilized all our networking avenues to provide our philanthropies with the funds needed to support their charities and provide for the children and environment of the South Bay. Who knew there was such a strong similarity between us and bees?

Silent Auction has always been an integral part of our event, and over the last few years, raised between \$6,000 - \$12,000! Now those were some busy bees! Let's put on a working hat and get buzzing. Here are some things to consider:



Most of our guests are ladies of a similar demographic and age, so they will be looking for fun items and experiences for themselves, husband, children and/or grandchildren.

Consider things you would bid on yourself. Chances are you have similar tastes to a lot of our guests. Consider things such as: electrical gadgets, garden trends, shows, you name it...ask a friend?

Are you creative? For example, how about creating a flower arrangement(s) for immediate use or for a future date? How about personalizing a handmade creation?

Put together a fun package of a show, dinner, and an overnight stay with a few friends to help share the cost.

Buzz around the hive and ask your friends to help get gift cards for your favorite restaurant/hotel/ or store. We can partner them with other cards. Do you know someone who: works somewhere interesting that could offer a behind the scenes tour, has a garden that could host a dinner, has a boat that could host a picnic, have an unusual hobby that they could offer up as an experience? Michelle Joye's partner Joe has a firework hobby and at the fall event offered a behind the scenes tour of the Redondo Beach firework display that was hotly contested!

Two members, Judy Moorhead and Karen Tucker have already been creative and generous and joined together to offer a Picket ball experience of lessons and equipment. Talk about a hot item!

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At a recent Chamber of Commerce meeting Debbie used her networking skills. She was representing Las Candalistas and when introducing herself, said she oversaw the Silent Auction this year. By the end of the meeting, she had snagged two prizes. Our motto is: "It is always worth asking!" People can either say 'yes' or 'no'.

We look forward to hearing from you! All auction prizes are due by April 9th. Start BUZZING...we only have 10 more weeks!!! Contact Kathy at <u>ksmiljanich@aol.com</u> or Debbie at <u>debs744@hotmail.com</u>

Please see the attached Donor Form and Fact Sheet. They are attached separately from the newsletter. Fill out the Donor form to explain the prize, it's value, and who should receive the tax donation form. Use the Fact Sheet when soliciting a donation prize.

Many Thanks!!!

Kathy Black and Debbie Sampson (Silent Auction Queen Bees)

SUNSHINE AND RAIN

Update on Pat Hoffman:

Pat Hoffman had a bit of a setback and had to get a blood transfusion on Fri 1/21. We all wish her a continued speedy recovery. She will be in a short-term rehab facility to get PT to gain her strength back. Cards and text messages are welcome.

You can help Pat and others by donating blood:

Right now, the Red Cross is experiencing a severe shortage of blood and we thought we could put together an informal blood drive of whoever is interested, in honor of Pat, other members, or their loved ones that have had or will be needing blood transfusions. If you are interested, all you need to do is call the Red Cross 800 Red-Cross (800 733-2767) and they will set up an appointment for you at the Torrance center at 2814 Sepulveda Blvd, Torrance, CA 90505. They are scheduling appointments starting Feb 9th. (Thank you, Lynda Black, for the update on Pat and the Red Cross info).

Susan Udewitz and Gina Radocchio Sunshine and Rain

STORAGE (SEARCH???) COMMITTEE

Our task is nearing completion thanks to the herculean efforts of our members and some very special husbands. We think one more carload for a few of us will do it. Yeah!!!!! Before we do our "Show and Tell" we want to make sure everything is completely labeled and then do an inventory, so we will know exactly what we have and where it belongs.

A huge **THANK YOU** to all who pitched in and made the moves from Ladera Linda go so smoothly. It was a challenging task that was successful because of the efforts of so many members and husbands.



Yes, this is Ladera Linda...empty!!!

Our Committee Members: Donna Ciminera, Jan Raymond, Marge Rankin, Karen Stockbridge

Thank you for your hours and hours of hard labor over this past year, for your amazing organizational skills, for going above and beyond as usual, and especially for being such wonderful friends.

With heartfelt thanks.....Polly Goodman

Rancho Del Mar Guidelines:

Access to the containers at Rancho Del Mar **must** be arranged in advance through one of the following coordinators: **Polly Goodman, Judy Moorhead, or Karen Stockbridge**. Hours of access to Rancho are limited during the week as the school district will not allow us on the premises when school is in session. That means access only after 2 p.m. on weekdays. On weekends, the gate, or gates, will be locked, and Polly Goodman and Judy Moorhead have keys, so please coordinate with one of them.

One thing I want to make very clear is: <u>Under no circumstances can anything ever be dropped off at</u> the container at Rancho Del Mar!!!! This would jeopardize our use of it with the school district.





MEMBERSHIP

We continue to enjoy seeing so many of you joining our monthly meetings, whether in person or on Zoom. It is always the best way to learn what is going on with our members, charities and upcoming events. Please let us now if you have lost your name tag, so we can print a new one for your lanyard. If you know of anyone that would be interested in joining our amazing group of women, send us their contact info and we can reach out and give them an overview of our organization.!

We would like to wish a Fabulous birthday to our February Gals!



Mary Sloper 2/1 Jean Fabera 2/11 Catherine Kauffman 2/17 Debbie Conlon 2/24 Irene Almeida 2/28 Cathy Howard 2/2 Janis Davis 2/12 Karen Stockbridge 2/18 Erika Barber 2/26 Donna Lamont 2/3 Nancy Hauge 2/17 Lois Olsen 2/19 Robyn DeWitt 2/26

Lorri Mino & Lisa Nesicolaci Membership Chairs

PHILANTHROPY

Thank you so much for your generous donations of bleach for the Marine Mammal Care Center and the food, pet food, diapers and other hygiene items for the Toberman Neighborhood Center. They were very excited and grateful to receive these items.



This month we are highlighting updates we have received from three of our amazing charities:



Jacqueline Suiter from the *Cancer Support Community* communicated:

Hope you are doing well! As one of our dedicated supporters, I just wanted to give you a heads up about some exciting news from Cancer Support Community Redondo Beach (CSCRB). We have officially

changed our name to **Cancer Support Community South Bay (CSC South Bay)**! As our service area extends over the entire South Bay, Long Beach and Orange County we feel that this name change better reflects our service area. Also, we will be moving from the Redondo Beach Pier (where we have been for 35 years) to a new location at the **Rolling Hills Plaza (PCH/Crenshaw) in Torrance**! We are currently renovating the space but are planning to move in early February. This new space will have support group rooms, teen and kids' area, wellness center, participant lounge and administrative offices. With the growth of our organization, we feel the expansion into Torrance and our name change will provide increased access and awareness of our free programs and services to anyone impacted by cancer. Our mission and free support programing remains the same. We are excited to announce these changes and look forward to increased growth for 2022.

Would love to invite you for a special preview tour of the new **CSC South Bay** office location in February! (More information to follow)

Michele Nadeau from 1736 Family Crisis Center shared:



Greetings, Las Candalistas!

Since we saw you last October, we have been on a roller coaster of reacting to the changing dynamics of COVID, and this latest variant has definitely been a stressor for both our staff and clients. In the face of it all, I am proud to tell you that our services have never wavered. In just our residential and outpatient programs, we sheltered and provided mental health support for nearly 350 children last year. We received over 900 hotline calls regarding or on behalf of 1762 children between the ages of 0 and 17. In December, we were able to execute a very modified

"Free Holiday Store" event. Supported by our unwavering donors, we were able to provide gifts to children in every program. We are so grateful for the generosity of so many in our community. We are especially grateful for you, the wonderful ladies of Las Candalistas. Here's hoping for a great 2022!

Lisa Daggett-Cummings from South Bay Children's Health Center writes:

Our Dental Program continues to serve patients from our four operatory clinics in Lawndale. We anticipate seeing around 1,600 children, teens and young adults this South Bay Children's Health Center year, although the majority of our patients are children and teens. It has been a particular challenge for patients, families and staff alike these past two years as a direct result of the pandemic. Many patients and parents still have significant fear of taking their kids to see a dentist and we work hard to reassure them that we have put every protocol in place possible to keep them, and our staff safe. We have purchased additional personal protective equipment like masks, gowns, shoe coverings, gloves and face shields, the cost of which has close to tripled over the past two years, and we will continue to make these vital purchases to ensure everyone's health and safety. Families continue to visit our clinic but the rate of preventative care has slowed because of the pandemic and when the kids return to the clinic, often more work is needed. In addition, increased snacking at home and less attention to oral health has combined to increase the incidence of dental decay for our young patients. While we continue to attract new patients, the method of doing so has been primarily through dental screenings in local schools, which have been on hold through the pandemic. We continue to get new patients through word of mouth and hope to return to our screening program very soon.

Families continue to struggle financially during this time and so many of our young patients are dealing with anxiety. We are doing a lot of collaboration with our mental health program to ensure that the kids we

serve have all of the support they need. And, because of Las Candalistas, at the end of each visit, children go home with clean teeth and a big smile on their face after a trip to the toy chest filled with wonderful, fun toys guaranteed to put a smile on these beautiful faces!

DONATION REQUEST FOR FEBRUARY SBCHC's toy box is need of replenishing! Our LC members were so successful in collecting toys for SBCHC's toy chest last year, they are requesting that we help them to fill it again with toys like small balls (not too small – nothing that might be a choking hazard), bubbles, cars, dolls, coloring books and crayons would be great. All toys should be new and the best thing members can think about are the types of things their own kids or grandkids would like to get from their dentists' treasure chest! Please drop them off at one of our homes, or call Cathy (310) 365-6336 to pick them up. Thank you so much!!!!!

Kathy Black and Cathy Howard First Vice Presidents, Philanthropy

<u>THRIFT</u>

We checked with the charities, and many are still not accepting donations, due to COVID. There will be no collection at our February meeting. We will keep checking.

In the meantime, if you are still purging closets, items can be donated to:

- PV Resale, 2321 PCH Lomita, 310-534-1722 they donate funds to many of the same charities.
- Beacon House, 812 S. Pacific Ave, San Pedro, 310-514-4940, check for days and hours they are open.
- Salvation Army

Thank You,

Donna Ciminera and Jan Raymond Thrift

AMAZON SMILE AND RALPH'S COMMUNITY CONTRIBUTION PROGRAM

Happy Valentine's Day!!!

Thanks to all of the members who are signed up for the Ralph's and Amazon Smile programs. We so appreciate that you have taken the effort to join. It is so easy to do, and the benefit grows with every new signed up member.

For the last quarter of 2021, we received \$406 from the Ralph's Community Program. The Amazon Smile Community program contribution was \$70.

Please make sure to bookmark the Amazon Smile program into your computer so each and every purchase on Amazon contributes to Las Candalistas.

If you have not yet signed up, here are the instructions:

AMAZON SMILE: Please go to <u>http://smile.amazon.com/ch/95-4270483</u> and bookmark this link so that all of your eligible shopping will benefit Las Candalistas.

RALPHS Shoppers: call 1-800-443-4438 to register, or to check on whether you are registered with the Community Contribution Program. Give the Ralphs representative your phone number and designate **Las Candalistas NPO # SH584** to receive your contributions.

Please feel free to call me or email should you have questions! Cheryl Deppe Community Contribution Program Coordinator cheryl.deppe122@gmail.com 949 205 9991

WEBSITE

Website:

Just a reminder for you to register for the Members Only section of our <u>www.lascandalistas.org</u> website. On the Members Only section you will find a calendar of LC meetings and events, necessary documents, and other useful information. If you haven't registered yet, please email me at <u>lauhen6491@gmail.com</u> and I'll set you up. Please register!

Thank you!

Laura Henson-Broussard and Janis Davis-McGarry Webmistresses

SOCIAL MEDIA AND EMAIL MARKETING (CONSTANT CONTACT)

Social Media:

We have two Facebook pages accounts: a public and private one:

Public Facebook Page: please like our page and like and share our posts. Type in Las Candalistas in the search bar to find us.

Private Facebook Page: This is for Las Candalistas Members Only (please don't confuse this with our website Members Only page). We use this to post photos of LC social events, share info about our philanthropies and more. Type in Las Candalistas Members in the search bar to find this page. You have to ask to join.

Instagram: Type in lascandalistas in the search bar to find us. Click on follow. Like our posts!

Email Marketing (Constant Contact):

We have been using Constant Contact for email marketing for several years. I wanted to explain what this is, for those of you who are not familiar with it.

Constant Contact is an email marketing company that will send out emails for your organization. They have professional templates and the ability to send mass emails. If you subscribe to receive emails from your favorite stores, you have most likely received emails via Constant Contact.

We utilize Constant Contact mostly to advertise our events. In fact, our most recent fundraising event, 'A Night at the Ranch,' used Constant Contact as the primary advertising source (along with a follow-up postcard)

All LC members are on the Constant Contact email list so any time one is sent out, you will receive it. You can, in turn, forward it on to friends, which helps us spread the word.

However, often times emails sent through companies like Constant Contact can wind up in your Promotions box or Spam box rather than your Primary inbox. So please check all your inboxes to make sure you haven't missed an email. You can all add <u>lascandalistas@gmail.com</u> to your contact list. That will help.

Thank you!

Laura Henson-Broussard Social Media and Email Marketing

FEBRUARY 2022

February Birthdays

			I			
SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04	05
		Mary Sloper	Officer's Meeting	Donna LaMont		
			Cathy Howard			
06	07	08	09	10	11	12
			General Meeting ZOOM		Jean Fabera	Janis Davis- McGarry
13	14	15	16	17	18	19
	Happy Valentine's Day			Nancy Hauge Catherine Kauffman	Karen Stockbridge	Lois Olsen
20	21	22	23	24	25	26
				Debbie Conlon		Erika Barber
						Robyn DeWitt
27	28					
	Irene Almeida					