Las Candalistas October 2022

LAS CANDALISTAS OCTOBER NEWSLETTER

LETTER FROM THE PRESIDENT

Happy Fall!

We hope you all attended our September General Meeting, our first of the season, and had a chance to catch up with your LC friends and make some new ones.

The meeting was very informative. Minutes were eblasted to everyone, to refresh your memory. You can also download the minutes on our website. Log-in to the Members Only portion, and under Documents you will see a link to our most recent minutes and newsletter. If you ever want to read archived minutes or newsletters, just click on 'Click Here for all Documents.'

We hope you enjoyed meeting at St. Peter's By the Sea. It's a lovely, open space and the staff are wonderful. Our October General Meeting will be there as well. Please attend this important meeting as our Top 6 Philanthropies will be presenting. Even if you are not a voting member, we encourage you to come and support them. Thank you to Philanthropy VP's Kathy Black and Cathy Howard for planning this meeting. Their newsletter article has more detailed information on our Top 6.

Our Fall Fundraiser, 'Starry, Starry Night' Chairs, Lorri Mino and Janie Woodburn, have exciting news to share! Don't miss their article.

Save the date for our Holiday Boutique, November 19th. Chairs Lisa Nesicolaci and Susan Yamate have a wonderful day planned. More details in their article.

Yes, there will be a Holiday Party this year! Sunday December 11th, at Rafaello's in San Pedro. More to come on that next month.

And....drum roll please....LC received some amazing recognition last month. Community's Child honored us with their 2022 Making A Difference award, which was presented to us at their annual fundraising gala, held September 17th at the Los Verdes Golf Course. In addition, Commendations and Certificates of Recognition were also given to LC by the Mayors of Torrance and Lomita and representatives of LA County Supervisor Janice Hahn and Congresswoman Maxine Waters. Co-President Laura Henson-Broussard accepted the award and commendations. Unfortunately, co-president Debbie Sampson contracted covid and was unable to attend. Several officers and members who volunteer with Community's Child were also in attendance. This award and these commendations are a result of the hard work and dedication of ALL the members of Las Candalistas.











Lastly, we pay tribute to one of the greatest women we will ever experience in our lifetime: 'When life seems hard, the courageous do not lie down and accept defeat; instead, they are all the more determined to struggle for a better future.' -Queen Elizabeth II

Debbie Sampson and Laura Henson-Broussard Co-President

PARLIAMENTARIAN

We look forward to seeing all of you at our October General Meeting!

When: October 12th
Where: St. Peter's by the Sea, 6410 Palos Verdes Dr. S, RPV
Time: 9:00 Social, 9:30 meeting start

This is a very important and exciting meeting, because our top 6 charities will be presenting their organizations and showing us exactly what they do in our South Bay Community. Immediately following the meeting, we will be voting for our top 3.

It is mandatory that we have a quorum (greater than 50% of our voting members) in attendance at the meeting before the ballots can be released. I will be taking attendance to make sure we have met this requirement.

If any eligible voter is not able to attend the October meeting and would like an absentee ballot, please email me at <u>lisanesi90@vahoo.com</u> and I will send you one. Absentee ballots are due back by October 11th.

Parliamentarian, Lisa Nesicolaci

PHILANTHROPY

We have had an *exciting* and *very busy* September preparing for our October 12th General Meeting. We congratulated our Top 6 charities and invited Representatives from each to speak at our Meeting to present their mission and the primary program for which they have requested funding. Following these presentations, and after the representatives have left, we will have a few minutes for members to share any additional facts/experiences they may have. Voting for the Top 3 will take place after any discussion. We have also asked each charity to prepare an 8-minute video highlighting their purpose, needs, and goals. Their videos will be available for members to view a few days before the meeting, so keep an eye out for our eblast. We know that you will enjoy this 'wonderful visual peek' into all that our amazing charities do to support children and the environment.

A summary of each charity is provided here. If any member is interested in viewing a full copy of the charities' completed applications, please email either of us - Kathy Black ksmiljanich@aol.com or Cathy Howard dcamhoward@sbcglobal.net We're happy to forward a copy to you.



1736 Family Crisis Center offers emergency and rehabilitative services for extremely vulnerable and often injured clientele who are fleeing life-threatening circumstances. With a network of 21 residential and community-based service sites located throughout Los Angeles and Orange counties, they directly serve approximately 9,000 clients annually. Their mission is to comprehensively help children, women, men, and families through crisis circumstances including domestic violence, homelessness, abuse, neglect, poverty, post-traumatic stress disorder and distress, and to improve their prospects for long-term housing, safety, survival, financial stability, and success. Primary Request \$9,280 for South Bay Children's Mental Health Program. Serves 125 youth annually. This program is supervised by licensed therapists and combines age- and developmentally appropriate mental health therapy, including case work, clinical assessment, and treatment

with therapeutic activities (e.g., psychotherapy, art and play therapy).



Community's Child's purpose is to end child hunger in our community & improve health, social & academic development; to provide impoverished children & families with supports

necessary to acquire successful educations and move out of poverty; to provide homeless women & children a safe structured shelter to heal from trauma and obtain the skills to become self-sufficient. Community's Child provides impoverished South Bay children with free weekly nutritious groceries, annual school supplies, laptops and tutoring services, new books, health, dental and vision screenings and services, masks, hand sanitizers, clothing, shoes, diapers, and hygiene products, Zoom support and counseling services. Primary Request \$20,000 for their Healthy Bags - COVID Response and Inflation Relief program. Serves 900-1800 food insecure children per week. The program provides weekly delivery to schools and/or has children & families pick up nutritious groceries, personal care items, school supplies, and laptops and provides access to counseling and educational programs.



Cabrillo Marine Aquarium is a facility of the City of Los Angeles Department of Recreation and Parks. It is important that everyone has access to its programs regardless of the ability to pay. Although donations are accepted, entry is always free. Friends of Cabrillo Marine Aquarium is a non-profit that exists solely to provide support and resources to Cabrillo Marine Aquarium's mission, which is "to serve as a trusted resource that inspires exploration, respect and conservation of Southern California marine life."

Primary Request: \$10,000 for their General Education and Outreach Program;

Serves 300,000. One of their signature programs is Ocean Outreach: The specially equipped saltwater tank vans bring the ocean to students at local schools throughout Southern

California, reaching up to 25,000 students annually. This unique, hands-on marine science and environmental education program is offered to children ages pre-K through 8th grade throughout the school year. Additional Programs include School Tours, Spring Outdoor Classroom, Sea Search Marine Biology Workshops, Aquaculture and Research Lab, Junior/Senior High Docents, and Public Programs such as Whale Fiesta, Earth Day, and Autumn Sea Fair.



Manes for Movement's mission is to help improve function and positively change the lives of children and adults with disabilities using Equine (horse) Assisted Therapies and Activities. Currently they offer a full continuum of services from recreational adaptive horseback riding lessons

to medically based therapy interventions like Hippotherapy that address functional goals, such as walking, talking, sensory processing, and more. Manes for Movement is the only therapeutic riding facility within 40 miles of the South Bay that provides both medically based Hippotherapy services, and recreational Adaptive Horseback Riding to the community under the same program roof. In 2021 Manes for Movement provided over 1200 hours of direct service hours to children and adults with disabilities. Primary Request \$15,000 for their Equine Assisted Therapy and recreational Programming. Serves 40+ children per week. Their current programming includes- 1. Medically based Hippotherapy sessions directed by licensed physical and occupational therapists; 2. Feeding therapy and Assistive Technology training with a licensed occupational therapist; 3. Recreational adaptive horseback riding lessons overseen by a PATH Intl certified

therapeutic riding instructor; 4. Ground based therapeutic horsemanship programs; 5. Adaptive Riding Horse Show team that participates in local horse shows and competitions.



SBCHC was founded in 1947 to fill the gaps in health care services accessible and available to low-income and underserved children, teens, and young adults throughout the South Bay. In their earlier years the organization offered a variety of

child and adolescent focused services including well-baby care, hearing and vision services, mental health, and dental care. Today, the primary focus is on improving the mental health and overall health and wellness of underserved and at-risk children, teens, and young adults through the provision of quality dental and mental health services - both high priority needs in the South Bay communities of Los Angeles. South Bay Children's Health Center serves the dental and mental health needs of low-income or at-risk children, teens, and young adults; empowering them to live healthy, productive, and happy lives. Primary request \$15,000 for their South Bay Children's Health Center's Dental Program. Serves 4,600 youth. The program offers high-quality preventative, restorative and emergency dental treatment and age-based anticipatory oral health education and guidance to underserved and low-income youth in the South Bay in the type of "dental home" environment recommended by the American Academy of Pediatrics.



Founded in 1993, the Wyland Foundation, is dedicated to promoting, protecting, and preserving the world's ocean, waterways, and marine life. Their vision is a world where clean water and a healthy ocean is sustained forever by knowledgeable, compassionate people around the world. The foundation encourages environmental awareness by bringing communities together and inspiring thousands of people each year to become more positive, solution-oriented stewards of our global marine resources. They accomplish this through traveling environmental science education, arts programs, and community-based volunteer engagement programs. Primary request \$25,000 for their Wyland Clean

Water Mobile Learning Center. Serves 15,000 youth per year. The Wyland Mobile Learning Exhibit (MLE) is a state-of-the-art 1,000 sq. biodiesel learning exhibition on wheels features a 40- person multisensory theater and six interactive stations. Every year the MLE provides a unique mobile laboratory for 15,000 students, grades 3-7, to promote the study of local and global water quality and supply, ranging from the future of water as a shared resource to the impacts of polluted runoff on our coasts and waterways.

Stay tuned for the upcoming monthly meetings where you'll have the opportunity to also meet representatives from our other eight 2022-2023 nominated charities and hear about all they are doing. Our Sign-Up Genius is just about full! It's going to be an AMAZING year!!!

ROSTER UPDATES

Rosters will be available at the October General Meeting. Please be sure to pick your's up. If you live by a member who is not usually in attendance at meetings, please see me about delivering their roster to them. Additional Rosters are available at the meeting for \$5.

Please correct Joan Sedillo's info in your Roster. 2007 Perry Ave. #1 Redondo Beach, CA 90278 Home -310-504-0114. Cell is the same.

Please remove Carla Smith's home phone number.

All who live out of town your roster will be coming in the mail soon.



Karen Stockbridge **Corresponding Secretary**



FALL FUNDRAISER "Starry Starry Night at the Ranch" October 21st



We've got some important news, Do you have a clue? Our event is **SOLD OUT**, Can we get a **WOO HOO?!!!**

In 20 days, our fabulous Fall Event will be at the Empty Saddle. We are so excited to welcome all of you who have purchased a ticket! You are in store for a wonderful night!

We thank all those that have purchased tickets, volunteered to help, provided bottles of wine and/or silent auction items but we still need your help!

Silent auction items are due to Lorri, today, 10/01. Please email her at lorrimino@gmail.com or text/call her at 310-749-5997 for pick up or if you need extra time, please let her know. We appreciate anything you have to offer to help with the success of this event.

See you soon at the ranch!!!

Lorri Mino and Janie Woodward **Your Shining Stars**

Wine Pull



Starry Starry Night Wet your palates With reds or whites Choose your bottles With delight

At our Starry Starry Wine Pull Night



Hello members,



Just a reminder that we are in desperate need of bottles of wine for our 2022 Starry Starry Night Wine Pull. We are accepting quality bottles of both reds and whites. The minimum cost per bottle should be NO LESS than \$25.00.

Bottles can be picked up by Hollidae Brown or Kathy Black. They can be dropped off at the addresses listed below. They can also be brought to our monthly October meeting. If possible, please have a value included with your wine donation. Please DO NOT affix the price to the bottle itself.

Bottles are due by October 12th. Thanks so much in advance for making our Starry Starry Night Wine Pull such a success!!!

Hollidae Brown 28315 Meadowmist Dr. Rancho Palos Verdes 310.418.7854

Kathy Black 213 Via Alameda Redondo Beach 310-721-0622

SMALL SOCIAL FUNDRAISERS

October kicks off with the first of many Small Social Fundraisers to come. If you'd like to host your own fundraising event, give me a call or text. Selina Hamilton (626)399-8887.

October's Social Events

Event: **Pampered Chef** (product purchase) 20 – 30% of product purchased will be given to LC as donation

Date: Sunday, October 2, 2022 at 2:00pm

Location: Selina's House 2333 Via Rivera, PVE (Lunada Bay) 90274

Host: Selina Hamilton

Event: Giving Tuesday (Dine-In or Take-Out) Bettolino- Mention LC when you take out or dine in LC

gets 15% donation of sales.

Date: Tuesday, October 25, 2022

Location: Bettolino Kitchen, 211 Palos Verdes Blvd., Redondo Beach CA 90277

Host: Lynda Black

Event: Holly Jolly Holidays (Crafty Workshop)

Date: Sunday, November 13, 2022

Location: AR Workshop, 24046 Vista Montana, Torrance CA 90505

Host: Lorri Mino (310)749-5997

MEMBERSHIP

We had a terrific turn out at our Fall Social!

Michael and Donna Ciminera opened their lovely home for "An Evening in Tuscany". Held on Saturday, September 24th, guests enjoyed food, wine and the company of each other as well as our hardworking "New 2022-2023 Provisionals". Las Candalistas would like to thank: Anna Pinto, Brenda Holcomb, Janice Petrosino, Trish Winchester, Rena Eisenstein and Michelle Young, for all your hard work in making this a beautiful evening. And a big thank you to our host Michael and Donna Ciminera.







HAPPY OCTOBER BIRTHDAYS

Pramila Tekchandani 10/2 Lynn Gecks Moody 10/3 Lisa Nesicolaci 10/7

Nancy Pearson 10/9 Carol Mead 10/11 Judy Moorhead 10/11 Laurie Anderson 10/13

Tracy Peffer 10/19 Suzanne Manavian 10/20 Sue Soldoff 10/23

Irene Rosenberg 10/28. Maureen Megowan 10/29

Randi Young and Susan Yamate Membership



HOLIDAY BOUTIQUE



We are so excited that we will be having a Holiday Boutique again this year, on *November 19th* in the hall at St. Lawrence Martyr Church on Prospect in Redondo Beach.

We are looking for handmade holiday items for LC Creations, baked goods for the Sweet Shoppe, donations for Found Treasures. We will also need help on the day of the event with set-up, clean-up and at our booths. Please contact the correct Chair if you would like to help!

Lynda Black & Debbie Bramhall – LC Creations Irene Almeida & Kathy Black – Sweet Shoppe Judy Moorhead & Brigitte Haber – Found Treasures Susan Yamate – Vendors Lisa Nesicolaci – Helper sign ups

Lisa Nesicolaci & Susan Yamate, LC Holiday Boutique Co-Chairs

Holiday Boutique Sweet Shoppe

Thanks so much! Irene and Kathy

Irene Almeida
<u>irenealmeidalascandalistas@gmail.com</u>
310-486-1816

Kathy Black ksmiljanich@aol.com 310-721-0622



<u>**Iewelry for the Boutique**</u>

I am in need of a few individuals who have a talent and joy for sorting beads and jewelry. The last couple of jewelry workshops have provided a good volume of materials. However, the creatives left an aftermath of sparkly bliss. Please, if you have time to help sort through our jewelry making materials, it would be a great help before our next workshop in November.

Date: Sunday, October 9, 2022

Time: 1:00-4:00

Location: 2333 Via Rivera, PVE 90274

Contact: Debbie Bramhall (310)756-3320 or debbie.bramhall@icloud.com

Selina Hamilton

LC Creations for the Boutique

We will be doing a small wreath workshop sometime in October, date TBD. If anyone is interested in doing a yarn, or leaf/bay leaf type wreath please call or text to let us know.

Lynda Black Debbie Bramhall c-310-493-0745 c-310-756-3320

Glass Bowl Centerpieces for Boutique

We have about 6 empty glass round fish bowls. Last year members decorated them and they sold as centerpieces. Here are some examples below. If you are interested in taking and creating one please let Karen Stockbridge know. Text 503-998-2730







ADOPT-A- FAMILY

Boo...did we scare you ?? It's hauntingly close to the holidays with only 84 more days left until Christmas, and we need your help! The Adopt a Family Christmas Elves are in full swing. That is why we are giving you the opportunity to donate cash and/or gift cards to purchase much needed gifts for our chosen families. For those of you who prefer to write a check, please make it out to Kathy Black or Las Candalistas (whichever you prefer). For those of you who would like to donate gift cards (Amazon, Target, or Kohls), please call one of us and we would be more than happy to pick them up. Cash, checks and gift cards can also be brought to the October/November meetings. We are patiently awaiting the news to see which families from our philanthropies will be on Santa's Nice List this year. This usually occurs in November. Thank you so much in advance for your generosity!!!

A tax deduction form for your donation will be available to print on our website.

Adopt a Family Co-Chairs Mail checks to: Kathy Black

Kathy Black 310.375.6270 213 Via Alameda

Cathy Howard 310.365.6336 Redondo Beach, CA 90277

NEW -Dinner for 6 Club – We need just a few more members

Enjoy dining out? Socializing? Then this new dinner for 6 group is for you!

The dinner for 6 is a series of three dinners scheduled at different times of the year. You will be paired with two different couples each time and rotate homes for each dinner. Each couple provides a different part of the meal for each dinner: one dinner you will be the host and provide the main dinner, another dinner you will bring an appetizer and the third dinner you will provide the dessert. Each couple brings a bottle of wine too.

Thank you to those who have already signed up. We could do with just a few more members to enable us to vary the groupings more! (Sorry that this has been slightly delayed, catching Covid and being in the UK an extra 8 days was not in my planning.) If you are interested and haven't already signed up, please email me debs744@hotmail.com The first set of dinners will be in the Nov/Dec/ Jan time frame. You can sign up to be a reserve too. Hope to hear from you!

Debbie Sampson

BOOKCLUB

Members who expressed interest in the Book Club met on Zoom, Monday, September 26. We discussed dates, times, and locations. The meeting took place after the Newsletter deadline, so we'll bring you up to date at our October meeting. Amy Mosher has chosen our first book, <u>THE BOYS IN THE BOAT</u> by Daniel James Brown, the story of nine Americans and their quest for gold at the 1936 Olympics in Germany. Enjoy!

Marlyn Franklin Book Club Chairman

EXCURSIONS

The Excursion team would appreciate suggestions from members on one day excursions and a short 2–3-day. Let them know what sounds fun and interesting. Please email Susan at Susan.sanborn@gmail.com by October 7th.

Susan Sanborn & Cindy Macfarlane Excursion Chairmen

THRIFT

We will be collecting Thrift at the October meeting. Only three of the charities we usually donate to are now accepting donations, so we have decided to do 3-4 collections this year. Items needed are clothing for Men, Women and Children and small household items. Please make sure all clothing is clean and in good condition and that all appliances are in working condition. They also need some hygiene products, e.g. Tampons, Body Wash, Deodorant at women's shelters.

In the meantime, if you are still purging closets, items can be donated to:

PV Resale, 2321 PCH Lomita, 310-534-1722 – they donate funds to many of the same charities we support. Beacon House, 812 S. Pacific Ave, San Pedro, 310-514-4940, check for days and hours they are open. Salvation Army – collection at Salvation Army Crestmont College, 30840 Hawthorne Blvd, RPV or Salvation Army Thrift Store, 4310 PCH, Torrance.

HOLIDAY TOILETRY GIFT KITS

If anyone is travelling and collecting the hotel size shampoo, etc., we will collect those for our holiday toiletry kits at October and November meetings. We can also use the following:

Men – razors, deodorant, bar soap

Women – any cosmetics, nail polish, deodorant, razors

Toothbrushes and tooth paste for all kits. They can also be brought to Jan's home but call or email to make sure Jan is home.

Donna and Jan Thrift Chairmen

WEBSITE

Website:

Just a reminder for you to register for the Members Only section of our www.lascandalistas.org website. On the Members Only section you will find a calendar of LC meetings and events, necessary documents, and other useful information. If you haven't registered yet, please email me at lauhen6491@gmail.com and I'll set you up. Please register!

Thank you!

Laura Henson-Broussard and Janis Davis-McGarry Webmistresses

SOCIAL MEDIA AND EMAIL MARKETING (CONSTANT CONTACT)

Social Media:

We have two Facebook pages accounts: a public and private one:

Public Facebook Page: please like our page and like and share our posts. Type in Las Candalistas in the search bar to find us.

Private Facebook Page: This is for Las Candalistas Members Only (please don't confuse this with our website Members Only page). We use this to post photos of LC social events, share info about our philanthropies and more. Type in Las Candalistas Members in the search bar to find this page. You have to ask to join.

Instagram: Type in lascandalistas in the search bar to find us. Click on follow. Like our posts!

Email Marketing (Constant Contact):

We have been using Constant Contact for email marketing for several years. I wanted to explain what this is, for those of you who are not familiar with it.

Constant Contact is an email marketing company that will send out emails for your organization. They have professional templates and the ability to send mass emails. If you subscribe to receive emails from your favorite stores, you have most likely received emails via Constant Contact.

We utilize Constant Contact mostly to advertise our events. In fact, our most recent fundraising event, 'Starry Starry Night at the Ranch,' used Constant Contact as the primary advertising source (along with a follow-up postcard)

All LC members are on the Constant Contact email list so any time one is sent out, you will receive it. You can, in turn, forward it on to friends, which helps us spread the word.

However, often times emails sent through companies like Constant Contact can wind up in your Promotions box or Spam box rather than your Primary inbox. So please check all your inboxes to make sure you haven't missed an email. You can all add lascandalistas@gmail.com to your contact list. That will help.

Thank you!

Laura Henson-Broussard Social Media and Email Marketing

AMAZON SMILE AND RALPH'S COMMUNITY CONTRIBUTION PROGRAM

Have you signed up for Amazon Smile and/or Ralph's Community Contribution Program yet?

This is the perfect way to shop and help our philanthropies!!

I would love to add more shoppers to the program, so **PLEASE** if you have not registered, and you shop at Ralph's, give them a **call on 800 443-4438** or you can call me and I can help you through the registration process. We need every shopper to help raise money for our charities. This is the absolute easiest way to raise funds, just register and shop!

If you are an online shopper and use Amazon, please consider using Amazon Smile. The more we spend with them, the higher the percentage of funds they give us. To register, simply go to: https://smile.amazon.com/gp/chpf/homepage?orig=%2F

This is also a great way to double donate, if you donate items to a charity, you can order through Amazon Smile and have them delivered directly.

I would love to help anybody who has questions or would like help in registering, so give me a shout out, a call or an email. Let's get everybody shopping and earning for our charities!

Thanks so much.

Cheryl Deppe 949 2059991

email: cheryldeppe122@gmail.com

OCTOBER 2022

Birthdays

Direiraayo						
SUN	MON	TUE	WED	THU	FRI	SAT
						01
02	03	04	05	06	07	08
Pampered Chef at Selinas			Officer's Meeting			
Pramila T	Lynn GecksMoody				Lisa Nesicolaci	
09	10	11	12	13	14	15
Nancy Pearson		Judy Moorhead	Philanthropy General Meeting St. Peter's By the Sea	Laurie		
,		Carol Mead		Anderson		
16	17	18	19	20	21	22
			Book Club	Suzanne	*** STARRY	
			Tracy Peffer	Manavian	STARRY NIGHT	
23	24	25	26	27	28	29
Sue Soldoff		Bettolino Restaurant Fundraising			Irene Rosenberg	Maureen Megowan
30	31					
	Halloween					