



Las Candalistas

Presents



Between the Covers ... A Literary Luncheon

Dr. Marilou Ryder -Professor. Speaker. Women and Girls' Advocate.



Professor and advocate for women in leadership, Dr. Marilou Ryder, offers women and girls compelling research and tools to lead a more confident life.

Marilou Ryder offers readers and audiences compelling research and tools to lead a more confident and empowered life. An educator with over a decade of CEO experience leading large school districts, Dr. Ryder has been on the front line of the changing nature of women in the workplace. An Amazon bestseller, Marilou uses personal stories from women and girls to provide insight on how females can access their personal power to become more confident and influential both at home and work.

Dr. Ryder partnered with her sister, Jessica Thompson, to design five exciting 6 x 6 inch INSTAGRAPHICS™, engaging books infused with Inspirations, Hints, Tips & Truths. Graphic pages can be read at random or backwards for an on-the-go inspirational guide for women and girls. Marilou Ryder, a professor for the doctoral program at UMASS Global, is a passionate proponent of self-empowerment through evidencebased techniques. Through her writing, speaking, and research, she galvanizes others to summon their best

selves to approach life's challenges by accessing their personal power. Ryder's doctoral research at LaVerne University presented a thesis on the conceptual model of gender dissonance that has become a frequently cited theory in women's gender studies. In short, her research revealed that (1) women's attitudes, behaviors, and strategies can inhibit, encumber and impede them in their personal, and professional lives; and (2) prejudice, stereotyping, and discrimination permeate every fabric of society for women. Her research was published in the popular book **THE SEXX FACTOR: Breaking the Codes that Sabotage Personal and Professional Lives** (New Horizon Press). A sought-after engaging and humorous speaker, Ryder has been honored with numerous awards over her career. Among the most prominent were Top Ten Business Women of the Year, ACSA Administrator of the Year, Johns Hopkins Distinguished Administrator, Brandman University Faculty of the Year and most recently 2023 ACSA Orange County Professor of the Year.