Ruth F. Stevens – Author. Playwright.





Ruth F. Stevens likes to create stories that will make readers laugh and cry. Speaking of her writing, she says: "I find myself motivated to write about the topics that worry me the most. Since I worry about a great many things, there is never a shortage of material."

Her debut novel, Stage Seven, was inspired in part by real-life experiences. It is based on Ruth's theatrical play of the same title, produced in 2018. The novel was honored as a Book of the Month by Bookclubs.com, a global online platform reaching 50,000 book groups. It was also a selection for the Summer Reads program presented by HFC (originally Hilarity for Charity), an Alzheimer's awareness organization founded by Seth Rogen and Lauren Miller Rogen, in partnership with AlzAuthors.

Ruth is a resident of Torrance, California, where she lives with her husband, David Olson. Though she's lived in California for more than half her life, she maintains strong ties to the East Coast, growing up in Rhode Island and attending college at Brandeis University. She spent five transformative years in New York City, where she launched her communications career in earnest and developed an insatiable thirst for live theater.

A former public relations executive with Burson-Marsteller (now Burson Cohn & Wolfe) in New York and Los Angeles, Ruth also had her own public relations and advertising agency for many years. She has been writing professionally for her entire career—including hundreds of articles for newspapers, magazines, and journals with exciting names like Powder & Bulk Engineering and Metal Architecture.

Ruth left agency work in 2017 to take up creative writing, her real passion. She has completed two other novels (My Year of Casual Acquaintances and The Unexpected Guests) and two plays, one of which was a finalist in the Garry Marshall Theatre New Works competition.

Ruth is a proud member of the Authors Guild, the Dramatists Guild of America, the Women's Fiction Writers Association, and a member and acquisitions editor for AlzAuthors. In her spare time, she enjoys travel, hiking, hip-hop and step classes, yoga, Broadway musicals, wine tasting, and visiting her grandsons in NYC.