

LAS CANDALISTAS SEPTEMBER NEWSLETTER

LETTER FROM THE PRESIDENT

“Sparkle”

On behalf of the Officers and myself, I warmly welcome all of you to our 2023-24 season.

It's an exciting time to be a Las Candalistas member. We are growing, changing, and raising more funds for our philanthropies than ever.

I want to start by thanking the members who have stepped up to be Officers, Board Members, Fundraising Event Chairs, and President's Special Committee Chairs for this season. Your dedication and hard work are appreciated more than you know!

As an 18-year veteran of this group, I was lucky enough to experience Walk on the Wildside, the baking of bread at home, the making of the lunch, The Children's Walk, the children's Poetry Contest, and more. I would like to share our rich history with our members who may not know much about our past. Look for History Lessons throughout the season. I have many old programs, rosters, invites, news clippings that are fascinating! Hopefully, I will do our history justice. Please let me know if you have any historical materials that may be helpful, or if you have some good stories! Our first History Lesson is at the end of this newsletter.

Not only was 2022-23 a fantastic season for our philanthropies monetarily, but we also built stronger bonds with them, thanks to our dedicated 2022-23 philanthropy chairs Kathy Black and Cathy Howard. Our current chairs, Lisa Nesicolaci and Debbie Sampson will continue their work with volunteer opportunities so we all may get to know and understand our philanthropies better.

In 2022-23, we also actively pursued Sponsors for the first time, and it was a success! I would like to build on this. Lynda Black, will continue her excellent work in this area but will need help from all of you. Please contact her if you have a possible sponsorship opportunity.

We are thrilled to welcome 10 amazing Provisionals into the Las Candalistas family! Susan Yamate and Randi Young will be continuing their positions as Membership Chairs. They and the Provisionals are excited about the upcoming Fall Social on October 7th . I think you all will love it! More info in the newsletter.

Membership has also been working on how to better incorporate members who work or care give during the day. We will be testing Zoom Hybrid General Meetings starting in October.

We have already had some wonderful Small Social FUNdraisers this summer, thanks to Selina Hamilton. She has more planned so stay tuned! These events are a great way to get to know your fellow members and raise some money.

Something different: An idea I really like is one that my Co-President of last year, Debbie Sampson, came up with. And that is to create a Men's Auxiliary of Las Candalistas. Our partners play an important role in the success of our fundraising events. Why not create an auxiliary, for those that are interested, so they may get to know each other better, have some fun, and talk about ways to make Las Candalistas even better! More details soon.....

Don't miss the best conversation of the year! I cannot wait for this event. *Between the Covers ... A Literary Luncheon*, our Fall Fundraising Event, is coming up on October 20th . Ticket sales open September 1st . Event chairs Debbie Bramhall and Amy Mosher will give you all the scoop. Spread the word!

Our Spring Event chairs, Nanci Browning, Cheryl Deppe, Selina Hamilton, and Danielle Weinstock will reveal their secret soon.....

Lastly, Las Candalistas is currently going through a growth spurt which will require a complete 'overhaul' of our standing rules. Major changes will be coming to Membership, Philanthropy, and Financial. You'll be hearing a lot about this throughout the season.

So why did I put Sparkle at the top of this article?

The word Sparkle now has a special association for me. If you attended our founding member Jane McNeil's memorial on August 2nd , you heard it used to describe her. I can't hear the word now without thinking of her. She was an incredible woman, and we are all lucky to have known her.

I feel Sparkle is a good word for Las Candalistas in general. Our Sparkle is what sets our group and our fundraising events apart from all the others. Thank you, Jane!

In closing, my motto for this season is: 'Respect the Past, Celebrate the Present, Envision the Future' ... and SPARKLE!

Laura Henson-Broussard
President

BOARD OF DIRECTORS

Greetings and a warm welcome from your Board of Directors on this exciting beginning of our new fundraising year! We hope this message finds you filled with enthusiasm and anticipation for the remarkable year that lies ahead.

As we embark on this new chapter together, we are reminded of the incredible impact we can create when we unite our passion, dedication, and unwavering commitment to our cause. Your choice to be a part of this volunteer family is a testament to your remarkable spirit and the positive change you wish to see in the lives of those around you.

Last year was filled with inspiring accomplishments, heartwarming stories, and valuable lessons learned. Now, armed with those experiences, we stand poised to tackle new challenges, reach new heights and touch more lives. As we set forth on this journey, let us remember that every contribution, no matter how small, contributes to the larger picture of positive change.

In the coming months, you can expect exciting events, engaging activities, and the chance to connect with fellow volunteers who share your passion and drive. We are committed to providing you with meaningful experiences that align with your interests and allow you to make a real difference.

Your dedication and commitment have the power to turn dreams into reality, and together, we can achieve remarkable feats. Let's bring our unique strengths, ideas, and energy to the table, and watch as we create a tapestry of impact that leaves an indelible mark on those we serve.

Thank you for being an essential part of this volunteer family. Your time, skills, and enthusiasm are the heart and soul of our efforts. Together, we will make this fundraising year an extraordinary one, filled with growth, connection, and the joy of giving back.
Here's to a year of limitless possibilities and boundless impact!

With heartfelt gratitude,

Amy Mosher, Chair

Sharon Logan, Gina Radocchio, Carla Smith, and Janie Woodburn

Board of Directors

PARLIAMENTARIAN

**We are looking forward to seeing all our Las Candalistas members at our first
General Meeting of the new year!**

Date: Wednesday **September 13.**

Place: **St Peter's by the Sea. 6410 Palos Verdes Dr. South, RPV.** Park behind the church and make your way up the stairs or ramp, and follow the path towards the right.

Social: 9:00 am – **Please bring your own coffee or tea!**

General Meeting: 9:30 am

Luncheon: Immediately following the meeting.

Please bring a dish to share (6-8 people) according to the **FIRST LETTER** of your **last** name:

A-H: Small bites or sandwiches

I-R: Salad or fruit (with serving utensils)

S-Z: Soft drinks or water bottles (6 pack)

ROSTER UPDATES

Rosters will be available at the October General Meeting. Please be sure to pick yours up. If you live by a member who is not usually in attendance at meetings, please SEE ME about delivering their roster to them. Additional Rosters are available at the meeting for \$5.

All who live out of town your roster will be coming in the mail soon.

Karen Stockbridge

Corresponding Secretary



Fall Fundraiser

Between the Covers ... A Literary Luncheon

Prepare to be inspired and entertained at our upcoming literary luncheon set against the picturesque backdrop of the Palos Verdes Golf Club. Join us for an enriching afternoon featuring insightful conversations with four distinguished authors.

Date: Friday, October 20, 2023

Time: 10:00 am – 3:00 pm

Ticket Price: \$125 throughout September, \$150 starting on October 1st

Meet Our Featured Authors:



Rebecca Forster

Rebecca Forster started writing on a crazy dare and found her passion. Now a USA Today and Amazon bestselling author with over 40 books to her name. Laurie Levenson, CBS Legal Correspondent calls Forster's legal and police thrillers "perfect...impossible to put down." The Witness Series, set in Hermosa Beach, is published worldwide and has over three million readers. Rebecca's Finn O'Brien series takes inspiration from the micro-communities in Los Angeles. Her fast-paced tales are known for deep characterization and never-see-it-coming endings. The first in that series is called ***Hostile Witness*** which takes place primarily in the South Bay.



Dr. Marilou Ryder

Professor and advocate for women in leadership, Dr. Marilou Ryder, offers women and girls compelling research and tools to lead a more confident life. Dr. Ryder partnered with her sister, Jessica Thompson, to design five exciting 6 x 6-inch INSTAGRAPHICS™, engaging books infused with inspirations, hints, tips & truths. Graphic pages can be read at random or backwards for an on-the-go inspirational guide for women and girls. Her ***Don't Forget Your Sweater, Girl*** helps women face the second half of their lives with humor and a strategy. Filled with stories of other women facing each decade with purpose reminds its readers that you are not alone in your journey. And ***Don't Forget Your Lipstick, Girl*** shares stories and easy to implement power tips to help you radiate confidence and courage in your daily life to get what you deserve as a woman. Read these books to inspire yourself to live your best life no matter your age.



Ruth F. Stevens

Ruth Stevens likes to create stories that will make readers laugh and cry. Speaking of her writing, she says: "I find myself motivated to write about the topics that worry me the most. Since I worry about a great many things, there is never a shortage of material."

Her debut novel, ***Stage Seven***, was inspired in part by real-life experiences. It is based on Ruth's theatrical play of the same title, produced in 2018. The story is based on a man and woman that fall in love while caring for their loved ones at an Alzheimer's facility. The novel was honored as a Book of the Month by Bookclubs.com, a global online platform reaching 50,000 book groups. It was also a selection for the Summer Reads program presented by HFC (originally Hilarity for Charity), an

Alzheimer's awareness organization founded by Seth Rogen and Lauren Miller Rogen, in partnership with AlzAuthors.



Wendall Thomas

Wendall Thomas teaches in the Graduate Film School at UCLA, lectures internationally on screenwriting, and has worked as an entertainment reporter, development executive, script consultant, and film and television writer. Her first Cyd Redondo novel, *Lost Luggage*, was nominated for the Lefty and Macavity Awards for Best Debut Mystery of 2017. Her second, *Drowned Under*, was nominated for a Lefty for Best Humorous Mystery in 2019.

And Our Host:



As well as 4 accomplished authors, we have a phenomenal host who is an esteemed author himself.

James T. Bartlett

James Bartlett is the author of the Anthony Award-nominated true crime book, *The Alaskan Blonde: Sex, Secrets, and the Hollywood Story that Shocked America*, which examines a sensational 1953 murder that began in Fairbanks, ended with a suicide in Hollywood, and hit the pages of *Life*, *Newsweek*, *Ebony*, *Jet*, and the pulp detective magazines. He was born in England and does guided ghost tours in LA, as well writing as a journalist for the *Los Angeles Times*, *National Geographic Traveler*, *BBC*, *Westways*, *Los Angeles Magazine*, *Hemispheres*, *High Life*, *Atlas Obscura*, *ALTA Journal California*, *Real Crime Reads*, and more.

Author Discussion Format:

Each author will be invited on the stage separately for approximately 10 minutes for a sit down with our host, James Bartlett. James will introduce each author followed by a 1:1 Q&A session. Each author will remain on the stage until they have all completed their 1:1 with James. Following, the floor will be open to questions from our luncheon guests.

We encourage you to read some of their books before the event, as we would encourage questions for them in the open Q&A session.

Event Highlights:

- Engaging discussions with the authors, offering a deep dive into their creative process, inspirations, and literary journeys.
- Opportunity to interact with the authors through a Q&A session where you can ask your burning questions.
- Book signings, allowing you to get your books personalized by the authors themselves.
- The inviting atmosphere of the Palos Verdes Golf Club.

What Else You Can Expect:

- Welcome champagne
- Tray passed hors d'oeuvres
- Plated 3-course lunch
- Silent Auction
- Las Candalistas Creations/Garden Shop
- Jams & Jellies and gourmet foods
- Bake Shoppe
- Found Treasures
- Boutique

How Can You Help Make This a Success:

- Buy tickets for you and your significant other.
- Bring your friends! Family!
- Spread the word! Please advertise this event to any other groups you are involved with and share our posts on Facebook and Instagram.
- Donate items for our Silent Auction (see article that follows for more information).
- Be part of our event crew. We still have some spaces to fill.

Please note that all members attending must purchase a ticket, even if you help. Don't worry, you'll have time for fun. And if you would like to underwrite one of our event activities, we would be excited to hear from you. To sign up to help, please contact Debbie Bramhall to let her know what you are interested in. Debbie's email is: Debbie.Bramhall@icloud.com. Cell: 310.756.3320.

If you are unable to attend, please consider a donation in lieu of purchasing a ticket. Tickets will be on sale September 1st. Keep a look out for an event eblast as well as Las Candalistas activity on both Facebook and Instagram for all the fun details you need to know!

Thank you for your support. We could not have a successful event without you.

Debbie Bramhall and Amy Mosher
Fall Event Chairs

SILENT AUCTION NEEDS YOU

As your chair for the 2023 Fall Fundraiser's Silent Auction, It's that time of year again, where I come to you for your help and support. We need you to help us by going shopping, networking, creating, and pairing up with each other for fun shopping adventures for exciting silent auction items!

- Pair up with a friend and go shopping, share the cost, and have a fun morning shopping! Most of our guests are ladies of a similar demographic and age, so they will be looking for fun items and experiences for themselves, husband, children and/or grandchildren. Consider things you would bid on yourself. Chances are you have similar tastes to a lot of our guests. Consider things such as: electrical gadgets, garden items, shows, concerts.
- Are you creative? How about personalizing a handmade creation?
- Put together a fun package of a show, dinner, and an overnight stay with a few friends to help share the cost.
- Ask your friends to help get gift cards for your favorite restaurant/hotel/ or store. We can partner them with other cards.
- Do you know someone who: works somewhere interesting that could offer a behind the scenes tour, has a garden that could host a dinner, has a boat that could host a picnic, have an unusual hobby that they could offer up as an experience or a friend that has season tickets to sporting events that they may be willing to donate?
- Network, ask people that you normally do business with, shops/restaurants, wine clubs "It is always worth asking!" People can either say 'yes' or 'no'.

- It is time to get ready for the holidays! Have you got gift cards that you haven't used? We would love to have them.
- If you would like to donate money and have me do the shopping, that would work too!

Remember every auction prize will help in our aim of ensuring that no child in the South Bay should go hungry, no South Bay family should be in fear for their life and every child in the South Bay should be able to visit and learn about the ocean and our environment.

I look forward to hearing from you! All auction donations are due by October 9th. I will be handling all of the bid sheets, etc. but all donation drop offs and pick ups will be handled by Debbie Bramhall. You can reach me at 310-749-5997 or lorrymimo@gmail.com for any questions and for sending me your donation form and Debbie at 310-756-3320 or debbie.bramhall@icloud.com to coordinate pickup/delivery of your donation(s). Attached to the newsletter are various documents that will help you seek items. Please use these forms in lieu of the ones that were sent out in an eblast this summer as they have been updated.

Lorri Mino
Silent Auction Chairman

Sweet Shoppe

We will be having our well known Sweet Shoppe at the Fall Event and would love to have as many bakers as possible! If you are interested in baking for us, please contact us for more information!

Lisa Nesicolaci & Susan Yamate
Sweet Shoppe Chairs

FRIENDS AND FAMILY 2023 HOLIDAY SALE

It's that time of year again to think about "spreading" holiday cheer with our Las Candalistas jams, soups, and other great holiday products. They are a perfect hostess gift during the holidays or simply to enjoy yourself with family and friends.

Please share the attached order form with your friends, neighbors, and family. Additional forms can be found on the Las Candalistas website. Please note the deadline for ordering products—October 11th. We have been busy this summer making the bulk of the jams. A special thank you to all who have helped so far. Although many of you indicated a desire to help, which was much appreciated, there was simply no room in my kitchen. Our apologies. Maybe the church next year?

Orders are to be returned to Kathy Black @ 213 Via Alameda, Redondo Beach CA 90277; The address is on the order form as well. Just a reminder, all orders must be prepaid.

Thank you for your support of the Holiday Sale. As always, all the proceeds from the sale will go to our selected charities for this year.

On another note: Thank you to those who have returned your jam jars from previous sales!! We can still use more, so please take them to Cathy Howard (3301 Danaha St., Torrance).

Cathy Howard (310) 365-6336 or dcahoward@sbcglobal.net or Kathy Black (310)721-0622 or Ksmiljanich@aol.com.

Thank you,

Cathy Howard, Kathy Black, Janie Woodburn, Laura Webb, Ann Goodhart, Polly Goodman, and Janie Hasselman
Friends and Family Committee

PHILANTHROPY

After an amazing 2022/2023, we were able to donate over \$140,000 amongst our 14 charities (listed below).

And, we are ready to do it again! We are looking forward to another successful year of volunteering, collecting and donating to our well deserving charities.

They were:

1736 Family Crisis Center,
Boy & Girls Club of LA Harbor,
Cancer Support Community South Bay,
Community's Child,
Friends of Cabrillo Aquarium,
Los Serenos de Point Vicente,
Manes for Movement,
Marine Mammal Care Center,
Providence TrinityKids Care,
PV Land Conservancy
South Bay Children's Health Center,
South Coast Botanic Garden
Toberman Neighborhood Center,
Wyland Foundation.



Our annual Philanthropy Selection Meeting was held on Wednesday, August 23 at the PV Library. Thank you to all who attended, and to those who contributed to the discussion through sharing their insights and/or experiences with these organizations. The Philanthropy committee then voted for our Top 6 charities for 2023-2024. They are:

Boys & Girls Club of LA Harbor Community's Child Mane's for Movement Marine
Mammal Care Center. South Bay Children's Health Center
South Coast Botanic Garden

The Top 6 will be invited to present their programs at our General Meeting on Wednesday, October 11th. After their presentations, our voting members will vote for our Top 3.

We are thrilled to add exciting new volunteer opportunities this year. There will be a volunteer opportunity each month at one of our Charities that need some helping hands. Volunteer as little or as much as you want. We think this will be a great way for us to really get to know all our 2023-2024 nominated charities.

The first one will be Saturday, September 23rd with Los Serenos de Point Vincente for a beach clean-up. A sign up sheet will be available at the September meeting. Or you can email us.

Thank you so much for all of your dedication to our charities throughout the year!

Lisa Nesicolaci & Debbie Sampson
1st Vice Presidents Philanthropy

MEMBERSHIP

Welcome back! This Fall we are starting off the year with 39 Actives, 26 Associates, and 77 Sustainers for a total of 142 Members.

Reminders: Please wear your Las Candalistas nametag to all events. In addition, for all Actives – you are required to attend 6 out of the 9 meetings during the year. If you cannot make a meeting contact membership. Susan (wrapwithme@gmail.com) or Randi (theyoungshome@earthlink.net)

NEW MEMBERS! We would like to welcome our Nine 10 new members: Kelly Reinart, Tracey Glover, Sally Gutierrez, Rita Lollock, Denise MacRae, Stacey Navarro, Michelle Drapeau, Emma Gallart, Vera Kelley, and Lois Riopelle. This is a great group of ladies, and we hope you are all attending the Fall Social to greet them in person. Once you receive your E-vite make sure to RSVP by September 23rd! Don't forget to bring your favorite beverage to share as well as:



A-L HEAVY APPETIZER
M-R SALAD
S-Z FALL DESSERT
The Provisionals will be providing
Soup and Chili tastings.



HAPPY SEPTEMBER BIRTHDAYS TO THESE LADIES

Kathy Black 9/2 Karen Tucker 9/3 Beth King 9/4 Elaine Trutanich 9/4
Shirley Nagelhout 9/7 Brigitte Haber 9/11 Mary Ross 9/11
Dita Lantz 9/19 Judy Armstrong 9/26

Susan Yamate & Randi Young
3rd Vice Presidents, Membership

BOOK CLUB

I hope you all had a chance to read some good books this summer. Our first Club meeting will be Wednesday, October 25 at 4:30 pm. We haven't chosen a hostess yet, but we'll notify you when that has been decided.

I'm going "out on a limb" with choosing our first book...TOMORROW, TOMORROW AND TOMORROW by Gabrielle Zevin. It involves two friends who come together to create a video game in which it is "revealed to be a means of communications and reconciliation and a celebration of rebirth and renewal". (Washington Post) Interesting!!

Please contact Marlyn Franklin if you want to join us at the October 25 meeting. More information will be available at our September meeting.

Also...LESSONS IN CHEMISTRY will be premiered on APPLE TV+ October 13. How fun! Can't wait to see the dog "actor".

Marlyn Franklin
Book Club

BUNCO

BUNCO NIGHT RETURNS!

Paula Redmond and I will be starting-up Bunco Night again in October! It will be at 6:30pm on the third Wednesday of every month beginning in October and running through June. It's a great night of comradery, wine, and laughs!! You might even win one of the four cash prizes given out each night (and you don't have to tell your husbands!!)

If you are interested in being on our list of players, please sign up OR re-signup again this year. We will pass around a sign-up sheet at the Sept meeting for those interested in playing as well as hosting. There will be 12 spots available for each night including the hostess. (If you can't attend the meeting but wish to be on the Bunco Player list please email, text or call Hollidae Brown (hollidae12@gmail.com or 310-418-7854 OR Paula Redmond (theredmonds7@gmail.com or 310-987-9744).

An invitation email will be sent the first of every month and the first 11 to respond will get to play. If you are not able to play after you committed to do so then please find a replacement player. If you get a replacement, please let me (Hollidae) or Paula know.

Looking forward to another season of fun and silliness!!

Cheers!!

Hollidae Brown and Paula Redmond
Bunco

SMALL SOCIAL “FUN”DRAISERS

Small Social Fundraisers (SSF) are a fun way to get together at a home, restaurant or shop, and have the opportunity to be part of an experience or sale which the vendor will donate some of their proceeds to Las Candalistas for our charities. We started our LC year this summer with a SSF at Betolino, and with a very successful Nearly New Sale. Thanks to all who participated.

Our next will be September 24th. Barb Morel is hosting a Silpada (Silver 925 Jewelry) get together. 10% of sales will be given to Las Candalistas. Keep your eyes open for the Evite.

Upcoming we have the vendors, we just need hostesses. If you are will to open your home to a group of LC Gals and supply some treats please let us know.

*Jeralyn Glass will introduce us to a Sound Bath experience. We need a location which can have 15-20 participants on mats.

*We have a gift wrap sale planned.

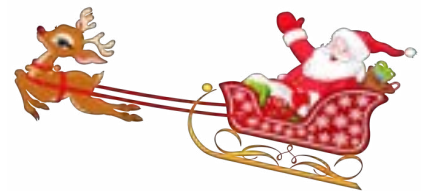
*Stacey Navarro will show teach us Floral Arrangement, we need a great outdoor space.

*And we will have The Great Cookie Exchange in December.

MORE INFO on the way about all of these!

Selina Hamilton (626)399-8887.

ADOPT A FAMILY



Happy Holidays from the Adopt a Family co-chairs. We are going to start collecting at our September meeting because...hard to believe...there are only 118 more days left until Christmas and we need your help! The Adopt a Family Christmas Elves are in full swing. That is why we are giving you the opportunity to donate cash and/or gift cards (Amazon, Target, or Kohls). You can bring it to our meeting or send it via mail. If you are writing a check, please make it out to Kathy Black or Cathy Howard. This will still allow you to get a tax donation form for your records. We are looking forward to a successful collection to brighten the smiles of our families this holiday season.

Thank you in advance for your generous donation!

Kathy Black: 213 Via Alameda, Redondo Beach, CA 90277

Cathy Howard: 3301 Danaha St., Torrance, CA 90505

SUNSHINE AND RAIN

We received the following note of appreciation from Jane McNeil's family-

Dear EVERYONE in Las Candalistas,

Thank you seems far too inadequate a word for the immense gratitude I feel and my family feels for your beautiful contributions of sweets and love (and little cocktail tables!) that truly made my mother's day so perfect. All the baking and planning and coordinating it must have taken and, talk about delicious! We all had our favorites! Mom was so proud of her accomplishments and her history with LC through the years and I know it was gratifying for her to know it continues today. I have so many "walk" memories that continue to put a smile on my face whenever they come to mind. What an awesome event and you are an awesome group. Thank you from the bottom of our full (but broken) hearts.

With Love,

Dennis

If you know of a member who is having health problems or needs other assistance, OR if you have some good news to share with all, please contact us so we can let the lovely ladies of Las Candalistas know.

Carla Smith- 310-871-4104

Karyn Farris- 310-350-0542

Sunshine and Rain

THRIFT

There will be NO Thrift collection at the September meeting. But the holidays will be coming quickly and we will be collecting items for our Toiletry/Cosmetic bags that we distribute to our charities in December. They can be brought to the meeting. These should be NEW ITEMS ONLY.

The items needed are:

Men

Deodorants, combs, razors and toiletry bags to hold the items.

Women

Deodorants, Lipsticks, Nail polish and any cosmetics. We can also use large cosmetic bags for the women's items.

Many of these items can be purchased at 99 Cent Store or Dollar Tree.

We will need toothbrushes/toothpaste (please ask your dentists if they can donate), and any hotel size shampoo, etc. (if anyone is travelling).

Thank you again, as the residents appreciate these gifts each year!

Donna Ciminera & Jan Raymond

Thrift

HISTORY LESSON #1: The First Walk

1967: Las Candalistas was founded.

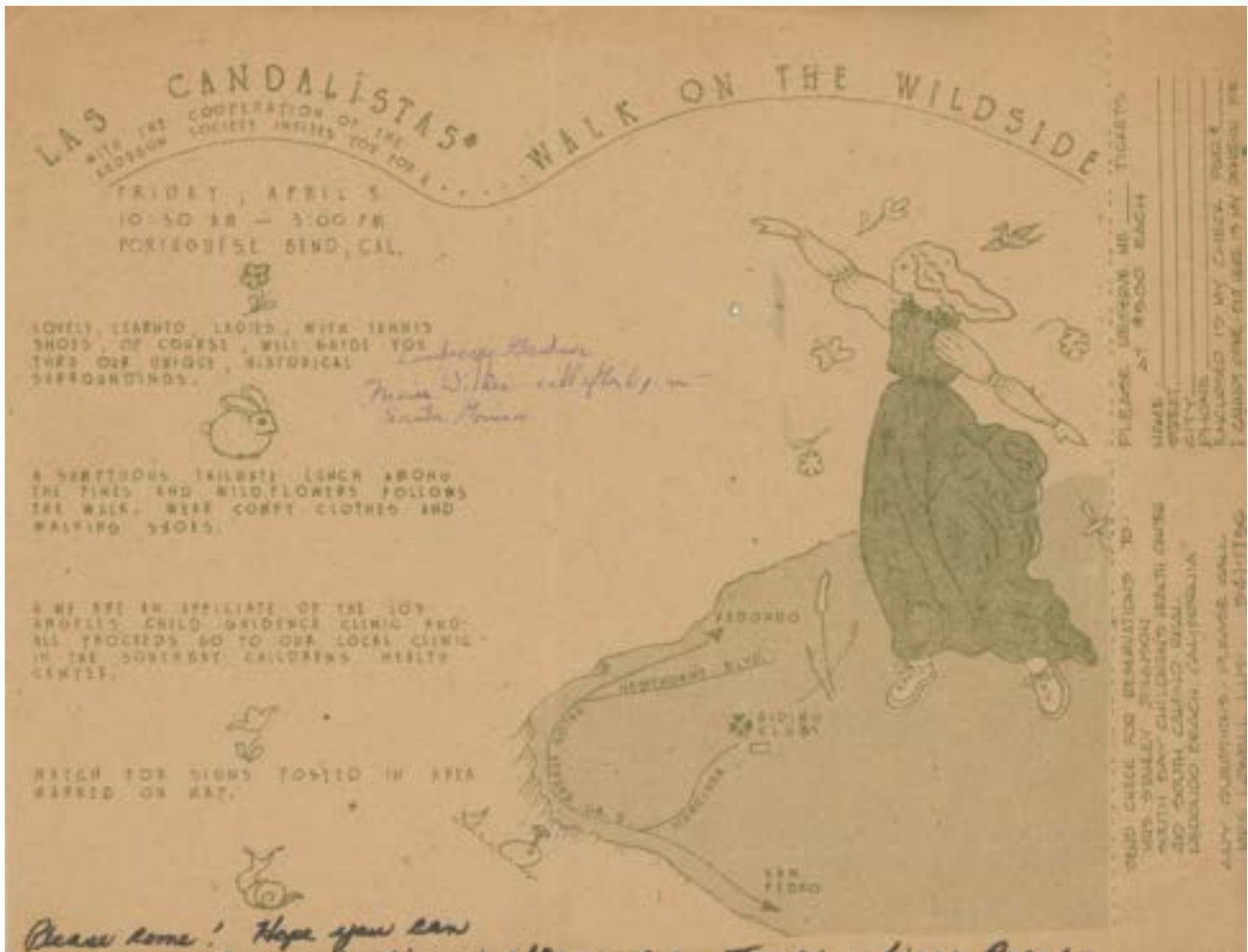
April 3, 1970: Las Candalistas hosts its first Walk on the Wildside. This annual spring event would become so successful that our name would become synonymous with Walk on the Wildside. People may not have known the name Las Candalistas, but they knew Walk on the Wildside! The first Walk was one day, a Friday. It would later develop into two days, Thursday and Saturday, and at its peak, 1400 tickets would be sold, 700 each day. In the beginning, it was a true guided nature walk through the wilds of Portuguese Bend, its purpose (in addition to fundraise) was to showcase the beauty of the Palos Verdes Peninsula. It would eventually evolve into a nature walk with stations where our members would perform skits pertaining to whatever the theme of that Walk was. Of course, a gourmet lunch, made by members, was served among the wildflowers. And we would sell our member created items and baked goods.

By the time I joined Las Candalistas in 2005, Walk on the Wildside, still our only fundraiser at the time, had moved to the grounds of RPV City Hall. We were no longer able to hold our event in Portuguese Bend. It was still a lovely and well-attended event. But it was probably the beginning of the end of the Walk, in my opinion. The Las Candalistas of today may no longer have a Walk on the Wildside, but our Spring event (and now Fall Event) still have the 'sparkle' from long ago. And we still have many loyal followers from our Walk days.

Here is an invite to that first Walk, with handwriting on it from the member who sent it. Below it is a news clipping from Harbor Living, Monday March 23rd, 1970, announcing our first Walk on the Wildside. Jane McNeil is in the photo. Enjoy your Walk back to the Wildside past!

Laura Henson-Broussard

President



Walk through nature initiated by Las Candalistas for benefit

Las Candalistas, an affiliate of the Los Angeles Child Guidance Clinic, with the cooperation of the Audubon Society will conduct its first nature walk, "Walk on the Wild Side," in the undeveloped fields and woods of historic Portuguese Bend from 10:30 a.m. to 3:30 p.m. April 3.

Ecologists have recognized the Portuguese Bend wilderness as one of the few places within the environs of the Los Angeles area that has retained its natural beauty and is untouched by the development shopping centers, apartment houses and freeways.

Wild flowers, including great

fields of lupine and mustard, are to be seen against the natural beauty of the coastline overlooking the channel between the mainland and Catalina.

Las Candalistas docents will conduct tours through the area. Dr. Theodore Hanes, a botanist, and other authorities on the plant, animal and bird life and

the history of the area will be available to answer questions.

A delicious tailgate luncheon will be served. The menu will be early California complete with sangria (a wine punch).

Proceeds from this annual event will go to the Child Guidance Clinic of the South Bay Children's Health Center in Redondo Beach.

Admittance will be by reservation only. Reservations are available by sending a donation of \$5 per person to Mrs. Stanley Johnson, South Bay Children's Health Center, 410 S. Camino Real, Redondo Beach, Calif. 90277.

Portuguese Bend is located on Palos Verdes Drive South, approximately four miles northwest of San Pedro, and 1½ miles southeast of Marineland. Visitors should turn on Narcisa Drive through the Portuguese Bend gates to Fruit Tree Road where a parking area will be provided. Comfortable walking clothes and tennis or golf shoes are suggested. Lemonade will be served to thirsty hikers at a halfway point.

Mrs. Lawrence McNeil, chairman, is being assisted by Mrs. James Kuhns and Mrs. Henry Titzler.



NATURE WALK—Mrs. Joseph Hendrickson, left, and Mrs. Lawrence McNeil, both of Miraleste, go through a dry run of the nature walk planned by Las Candalistas from 10:30 a.m. to 3:30 p.m. April 3 at Portuguese

Bend. A botanist and representative of the Audubon Society will explain facts about the wildlife of the area. The public is invited to "Walk on the Wild Side." Proceeds will benefit the Child Guidance Clinic.

Harb

Monday, March 23, 1970

SOCIAL MEDIA AND EMAIL MARKETING (CONSTANT CONTACT)

Social Media:

We have two Facebook pages accounts: a public and private one:

Public Facebook Page: please like our page and like and share our posts. Type in Las Candalistas in the search bar to find us.

Private Facebook Page: This is for Las Candalistas Members Only (please don't confuse this with our website Members Only page). We use this to post photos of LC social events, share info about our philanthropies and more. Type in Las Candalistas Members in the search bar to find this page. You have to ask to join.

Instagram: Type in lascandalistas in the search bar to find us. Click on follow. Like our posts!

Email Marketing (Constant Contact):

We have been using Constant Contact for email marketing for several years. I wanted to explain what this is, for those of you who are not familiar with it.

Constant Contact is an email marketing company that will send out emails for your organization. They have professional templates and the ability to send mass emails. If you subscribe to receive emails from your favorite stores, you have most likely received emails via Constant Contact.

We utilize Constant Contact mostly to advertise our events. In fact, our most recent fundraising events, used Constant Contact as the primary advertising source (along with a follow-up postcard)

All LC members are on the Constant Contact email list so any time one is sent out, you will receive it. You can, in turn, forward it on to friends, which helps us spread the word.

However, often times emails sent through companies like Constant Contact can wind up in your Promotions box or Spam box rather than your Primary inbox. So please check all your inboxes to make sure you haven't missed an email. You can all add lascandalistas@gmail.com to your contact list. That will help.

Thank you!

Laura Henson-Broussard
Social Media and Email Marketing

RALPH'S COMMUNITY CONTRIBUTION PROGRAM

Thanks to all the members who are signed up for the Ralph's community program. We so appreciate that you have taken the effort to join. It is easy to do, and the benefit grows with every new signed up member. Our 53 members who shopped at Ralph's between March-May earned \$388 for Las Candalistas. Thank you!

To our new Provisionals, if you have signed up for the community program, thank you for joining. If you have not yet signed up and you shop at Ralph's, we would love for you to help grow the contribution Ralph's will give us each time you shop.

Ralph's has changed the way to sign up for the community program. They ask that you create a digital account which you can do here:

<https://www.ralphs.com/i/community/community-contribution-program>

Once you click on the website link above, the instructions are very clear on how to create a digital account and then link it to Las Candalistas.

Every time you shop, your receipt will state that there was a contribution to Las Candalistas on the bottom of the receipt.

Please feel free to call me or email should you have questions and thanks so much for your participation in the Ralph's Community Contribution Program. cheryl.deppe122@gmail.com 949 205 9991

Cheryl Deppe
Community Contribution Program Coordinator

September 2023

Birthdays

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
						Kathy Black
03	04	05	06	07	08	09
Karen Tucker	Beth King Elaine Trutanich		Officer's Meeting	Shirley Nagelhout		
10	11	12	13	14	15	16
	Brigitte Haber Mary Ross		General Meeting St. Peter's by the Sea			
17	18	19	20	21	22	23
		Dita Lantz				Beach Cleanup
24	25	26	27	28	29	30
SSF Barb Morels home		Judy Armstrong				

SUN	MON	TUE	WED	THU	FRI	SAT