

LAS CANDALISTAS OCTOBER NEWSLETTER

LETTER FROM THE PRESIDENT

This is my favorite time of the year! Fall means the holidays are coming, which is such a fun, festive time. And it is usually when Southern California is it's prettiest. But, most importantly, it is also when we get the pleasure of hearing our Top 6 philanthropies speak at our October General meeting.

We have 6 deserving philanthropies: 5 have been in our Top 6 before: Boys & Girls Club of the LA Harbor; Community's Child; Manes for Movement; Marine Mammal Care Center-LA; and South Bay Children's Health Center. We are excited that we have a new philanthropy in the mix: South Coast Botanic Garden.

Choosing 3 from the 6 is never easy. If you are a voting member, please remember that LC is committed to helping both Children and the Environment. Our philanthropies that focus on the environment are vital to the future of this planet and the future of our children, grandchildren and so on. They are just as important as our philanthropies that directly support the needs of children so please give them equal attention when it comes time to vote.

If you are not a voting member, I strongly encourage you to attend this meeting and listen to what the representatives from these philanthropies have to say. These dedicated and hardworking philanthropies are what LC is all about, let's show them our support.

In addition to all the work we do, LC Members want to have fun! Our annual Fall Social is Saturday October 7th! A huge thank you to Provisional Sally Gutierrez who has opened her beautiful home for all of us to enjoy. We have 11 Provisionals this season and they have created an event that you all will love. It's a harvest theme and is a nod to our Soup Supper Days. I attended one of their recent planning meetings and was so impressed with their creativity, organization, and camaraderie! They definitely have the LC sparkle! See the Membership newsletter article for more info on this event.

Our October 20th Fall Fundraising Event *Between the Covers ... A Literary Luncheon*, is simply going to be amazing. There is a lot of buzz going around about this event and many of the ticket sales have been by people who have never been to one of our events. Ticket sales close October 10th. No walk-ins! Please tell your friends and family to purchase now so they don't miss out! And don't forget to purchase your ticket! More on this event in the newsletter.

Thank you to Barb Morel for hosting the Silpada Jewelry Show. It was well attended, and the jewelry was beautiful. Another successful Small Social FUNdraiser!

The Charleston Wrap fundraiser is going strong! There's still time to purchase the best wrapping paper available (you can even purchase personalized wrapping paper with someone's face on it!) plus other gifts. More info below in the newsletter. Thank you, Susan Yamate, for organizing. LC will receive up to 40% of sales!

Yes, there will be a Holiday Party! Sunday December 3rd, 5:30 at Rafaello's in San Pedro. We had our party there last year and it was a blast! You can make your reservation now, see the flyer later in the newsletter.

Laura Henson-Broussard
President

PARLIAMENTARIAN

We look forward to seeing all of you at our October General Meeting!

When: Wednesday October 11th

Time: 9:00 Social, 9:30 meeting starts

Where: Peninsula Center Library Community Room (library level) at 701 Silver Spur Road, RHE

This is a very important and exciting meeting because we will have a representative from each of our Top 6 present their organizations and showing us exactly what they do in our South Bay Community. Immediately following the meeting, we will be voting for our top 3.

It is mandatory that we have a quorum (greater than 50% of our voting members) in attendance at the meeting before the ballots can be released. I will be taking attendance to make sure we have met this requirement.

If any eligible voter (Active members and Voting Associates) is not able to attend the October meeting and would like an absentee ballot, please email me at brendaholcomb7@gmail.com and I will send you one. Absentee ballots are due back by October 10th.

Brenda Holcomb

Parliamentarian

PHILANTHROPY

We are very excited for our General Meeting, on October 11th. We will have a representative from each of our Top 6 charities will present their organization's mission, goals and primary request for funds. They will also have the opportunity to present an 8–10-minute video or power point. Immediately following the presentations, our members will have a few minutes to express any further facts or experiences they may have about a certain charity. At that point eligible voting members will vote for the Top 3.

On behalf of the leadership team of Officers and Board of Directors we would like to remind our voting members that our mission is to support both children and environmental charities. We have not had an environmental charity in our top 3 for a while, it would be fabulous to be able to highlight at least one environmental charity.

If you are unable to attend the meeting, please contact the parliamentarian for an absentee ballot. Below is a brief summary of the Top 6 charities for you to familiarize yourselves with. If you need more information about a certain charity please email Lisa at Lisanesi90@yahoo.com or Debbie at debs744@hotmail.com

THIS MONTH WE ARE COLLECTING – October is Domestic Violence Awareness Month. (DVAM). We would like to encourage you to bring self-care items for *1736 Crisis Center* to our October Meeting. 1736 CC recognizes DVAM by celebrating their survivors. They emphasize the need for survivors to practice self-care. We can help the survivors do this by bringing NEW full size lotions, manicure/pedicure and skincare items, daily planners, chocolates etc. to treat them to something special. You can drop your items in the box at the back of the meeting room marked 1736.

2023-24 TOP SIX CHARITIES

Boys & Girls Club of LA Harbor

Boys and Girls Club serves 2,700 youth daily at 20 locations throughout the harbor communities of San Pedro, Wilmington, Harbor City and Harbor Gateway (Torrance, Lomita & Gardena). Focused programming on academics, arts, and athletics provides structure and success for students in school. Premier programming includes STEM, Robotics, 3-D Animation, and Video and Music Production which ensures learning is fun and focuses on careers, which is deeply needed in our communities. Within College Bound, the university pathway program for high school seniors, they've celebrated 99% on-time high school graduation rate; 95% college acceptance; \$6M in financial aid and scholarships awarded! Additionally, Career Bound prepares teens for the workforce. Their commitment to great futures for their members is leading to meaningful quality of life, purpose, and motivation to enable all young people, especially those who need them most, to reach their full potential as productive, caring and responsible citizens.

Their Primary Request is for \$20,000 for their Community Food Pantry Program that serves 1500+. BGCLAH opened a daily community food pantry after the pandemic. This program provides staple foods for families such as eggs, milk, meat and more for free. We encourage families to cook healthier meals by offering fresh food items and posting recipes that incorporate those items. **No federal funding is given to this project.**

Community's Child

Community's Child's purpose is to end child hunger in our community & improve health, social & academic development; to provide impoverished children & families with support necessary to acquire successful educations and move out of poverty; to provide homeless women & children a safe structured shelter to heal from trauma and obtain the skills to become self-sufficient. Community's Child provides impoverished South Bay children with free weekly nutritious groceries, annual school supplies, laptops and tutoring services, new books, health, dental and vision screenings and services, masks, hand sanitizers, clothing, shoes, diapers, and hygiene products, Zoom support and counseling services.

Their Primary Request is for \$20,000 for their Healthy Bags that serves 1400-2400 food insecure children per week. The program provides weekly delivery to schools and/or has children & families pick up nutritious groceries, personal care items, school supplies, and laptops and provides access to counseling and educational programs. **5.78% of this project is paid for through federal funding.**

Manes for Movement, Inc.

Manes for Movement's mission is to help improve function and positively change the lives of children and adults with disabilities using Equine (horse) Assisted Therapies and Activities. Currently they offer a full continuum of services from recreational adaptive horseback riding lessons to medically based therapy interventions like Hippotherapy that address functional goals, such as walking, talking, sensory processing, and more. They currently serve children as young as 18 months old through adulthood with a variety of neurodevelopmental, genetic, and psychological diagnoses. Manes for Movement is the only therapeutic riding facility within 40 miles of the South Bay that provides both medically based Hippotherapy services, and recreational Adaptive Horseback Riding to the community under the same program roof. In 2021 Manes for Movement provided over 1200 hours of direct service hours to children and adults with disabilities.

Their Primary Request is for \$15,000 for their Equine Assisted Therapy and recreational Programming. 2000+ program hours. Their current programming includes- 1. Medically based Hippotherapy sessions directed by licensed physical and occupational therapists 2. Feeding therapy and Assistive Technology training with a licensed occupational therapist 3. Recreational adaptive horseback riding lessons overseen by a PATH Intl certified therapeutic riding instructor 4. Ground based therapeutic horsemanship programs 5. Adaptive Riding Horse Show team that participates in local horse shows and competitions. **No federal funding is given to this project.**

Marine Mammal Care Center Los Angeles

MMCCLA operates an animal rehabilitation hospital for sick and injured pinnipeds, primarily California sea lions, harbor seals and northern elephant seals. Their goal is to ultimately release patients back to the ocean. They also provide educational opportunities for the public through their educational docent lead tours. Their patient viewing pools are open to the public free of charge. Each year approximately 12,000 people of all ages visit MMCCLA to learn about marine mammals and ocean conservation. Their mission is to support ocean conservation through education, research, and marine mammal rehabilitation.

Their Primary Request is for \$20,000 for General Funding for the Hospital and Center. MCC is the only organization dedicated to rescuing and rehabilitating marine mammals that strand on beaches throughout the South Bay. Additionally, their center is the only one of its kind in Los Angeles County where children and families can visit free of charge and see these wonderful animals and learn more about them and what we can do as a community to protect them and their ocean home. Supporting MMCC's general program and operations makes it possible for our organization to continue our critical work of ocean conservation, through saving the lives of hundreds of marine mammals each year, and inspiring students and the public to care for and take actions that ensure a healthy ocean for marine mammals and humans alike. **No federal funding is given to this project.**

South Bay Children's Health Center

SBCHC was founded in 1947 to fill the gaps in health care services accessible and available to low income and underserved children, teens, and young adults throughout the South Bay. In their earlier years the organization offered a variety of child and adolescent focused services including well-baby care, hearing and vision services, mental health, and dental care. Today, the primary focus is on improving the mental health and overall health and wellness of underserved and at-risk children, teens, and young adults through the provision of quality dental and mental health services - both high priority needs in the South Bay communities of Los Angeles. South Bay Children's Health Center serves the dental and mental health needs of low-income or at-risk children, teens, and young adults; empowering them to live healthy, productive, and happy lives.

Their Primary request is for \$15,000 for their South Bay Children's Health Center's Dental Program. Serves 4,600 youth. The program offers high-quality preventative, restorative and emergency dental treatment and age-based anticipatory oral health education and guidance to underserved and low-income youth in the South Bay in the type of "dental home" environment recommended by the American Academy of Pediatrics. SBCHC provides accessible, quality, child and adolescent focused dental care that are affordable for local families in need in an environment that treats the entire family with the dignity and respect they deserve. **No federal funding is given to this project.**

South Coast Botanic Garden

Founded in 1960, South Coast Botanic Garden has the distinction of being the first public garden to be developed over a garbage landfill. This unconventional beginning makes South Coast stand out among its peer gardens, most of which were founded atop historic estates, mansions and plantations. The story of the Garden's "trashy past" is, in fact, South Coast's greatest asset, providing a platform to showcase land reclamation techniques. Today, the Garden includes more than 2,500 plant species from around the globe. The Garden is in the midst of a grand transformation, which will bring a bold long-range vision plan to life. The plan is to elevate the presentation of our Garden through a series of physical transformations, the removal of eyesores, and refinement of back-of-house maintenance facilities. Major capital improvement projects include a new Children and Family Garden (slated for 2024), a new Welcome Center and Entrance Plaza, a Native Plant Garden, and a Lake and Creek. Smaller beautification projects are also part of the plan, the Pollination Garden (slated for 2023), the Banyan Collection and the Desert Collection. A robust programmatic schedule has given SCBG a reputation of being a "garden of experiences" with temporary exhibitions successfully attracting non-traditional garden visitors while maximizing access to nature for

ALL. **Their Primary Request is for \$25,000 for their Children and Family Garden which serves 100,000 annually.** South Coast Botanic Garden will create a new Children and Family Garden that will provide happy and welcoming childhood nature experiences as a first step in raising nature-connected grown-ups. The new 3.5-acre garden will be a celebration of the botanical world, with exceptional features like an enchanted tree canopy walk, a whimsical pollinator pathway and a great plant maze. The space will be universally accessible for guests of all abilities. **No Federal funding is given to this project.**

1st Vice Presidents of Philanthropy
Lisa Nesicolaci & Debbie Sampson

FALL FUNDRAISER

Countdown to *Between the Covers* Fall Fundraiser: Just 20 Days to Go!

We're excited to remind you that our eagerly awaited fall fundraiser, *Between the Covers ... A Literary Luncheon*, is just around the corner! In just 20 days, we'll gather at the stunning Palos Verdes Golf Club for an unforgettable afternoon in support of the vital local children and environmental causes that Las Candelistas passionately champions.

Event Details

Date: Friday, October 20

Time: 10:00 a.m – 3:00 p.m.

Venue: Palos Verdes Golf Club



We have not one, not two, but four local best-selling authors who will inspire and entertain us with their words and stories. Don't miss this opportunity to connect with these literary talents. Immediately following the author conversations, they will each be available for individual meet and greets, book sales and signings.

If you haven't secured your ticket yet, act now! We encourage you to invite friends and family to join us, as every additional guest helps us make a bigger difference. Visit www.lascandalistas.org to secure your ticket(s) before it's too late! And if you cannot attend, please consider making a donation. Donations can also be made on our website.

Warmest regards,
Debbie Bramhall and Amy Mosher
Fall Event Co-Chairs

SILENT AUCTION STILL NEEDS YOU!

I think you will all be excited about the fabulous items and donations we are receiving. However, there's always room for more. You still have time to go shopping or ask your local business for a donation. I've attached the forms again. If you would like to donate money for me to shop or if you need some suggestions, please contact me. lorrimino@gmail.com 310-749-5997

Your items are due on 10/11/2023. If you require more time, we can make arrangements to do that. Debbie Bramhall will be collecting your items at the October general meeting. If you would rather deliver to her, her address is 505 Via Los Miradores in Redondo Beach and her cell phone is (310) 756-3320. I will be collecting your donation forms so please make sure you give them to me at the meeting or text or email your form.

Lorri Mino
Silent Auction Chair

FRIENDS AND FAMILY 2023 HOLIDAY SALE



It's that time of year again to think about "spreading" DELICIOUS holiday cheer with our Las Candalistas jams, preserves, soups, pumpkin bread, and other great holiday products. They are a perfect hostess gift during the holidays or simply to enjoy with family and friends.

Please share the attached order form with your friends, neighbors, and family. Additional forms can be found on the Las Candalistas website. Please note the deadline for ordering products—**October 11th**.

Orders are to be returned to Kathy Black - 213 Via Alameda, Redondo Beach CA 90277 or Cathy Howard - 3301 Danaha Street, Torrance CA 90505. The addresses are on the order form as well. Just a reminder, all orders must be prepaid. PLEASE get them in early!!!

Thank you for your support of the Friends and Family 2023 Holiday Sale. As always, all the proceeds from the sale will go to our selected charities for this year.

Any questions contact:

Kathy Black (310)721-0622 or email: Ksmiljanich@aol.com

Cathy Howard (310) 365-6336 or email: dcamhoward@sbcglobal.net

Thank you,

Kathy Black, Cathy Howard, Janie Woodburn, Laura Webb, Ann Goodhart, Polly Goodman, and Janie Hasselman

Friends and Family Holiday Sale Committee

SMALL SOCIAL "FUN"draisers

I'm so excited to report the success of this season's first SSF, the Silpada jewelry show hosted at Barb Morel's home on Sunday, September 24th. Members purchased fabulous .925 sterling silver jewelry while sipping on an assortment of beverages and snacking on tasty treats thoughtfully arranged by Barb. The 10% of sales donation came to about \$300!!!

Don't forget to order your Charleston Wrap holiday wrapping paper and unique gifts with Susan Yamate. Use the following link or QR code. (Flyer attached) If you have questions, please contact Susan directly.

Direct Shopping link: <https://registercw.com/gateway?organizationMidasId=26851> Direct Shopping

QR Code: <https://midas.charlestonwrap.com/qrcode.htm#26851-2023F>

Next up is Floral Arranging with Stacey Navarro at Nancy Pearson's home on Sunday, November 5th at 1:30pm. Space is limited to 15 people. Be sure to respond to the Evite in order to sign up for this event.

I'm still looking for a home to host "The Great Cookie Exchange" in December. Please let me know if you are interested in opening your home to a slew of ladies and the scent of baked goods!

Do you have a fundraising idea that you'd to host? Give me a call or text. Selina Hamilton (626)399-8887.

Selina Hamilton

Small Social "FUN"draisers

MEMBERSHIP

We enjoyed seeing so many of our members at the September meeting and potluck lunch. We hope to see more of you at this month's meeting on October 11th.

We are working on making Zoom an option for meetings this year. We know that many members are unable to attend meetings in person for a variety of reasons. We hope to get this option up and running soon. We will keep you posted on that.

Friendly reminder to RSVP to our Fall Social on October 7th 5-8pm. Our 11 Provisionals have been working hard. They can't wait to meet more Las Candalistas members!

OCTOBER BIRTHDAYS



Pramila Tekchandani 10/2 Lynn Gecks Moody 10/3 Lisa Nesicolaci 10/7
Nancy Pearson 10/9 Carol Mead 10/11 Judy Moorhead 10/11 Laurie Anderson 10/13
Tracy Peffer 10/19 Suzanne Manavian 10/20 Sue Soldoff 10/23
Irene Rosenberg 10/28. Maureen Megowan 10/29

Randi Young and Susan Yamate
Membership

ADOPT-A- FAMILY



Boo...did we scare you 🧛? It's hauntingly close to the holidays with only 85 more days left until Christmas, and we need your help! The Adopt a Family Christmas Elves are in full swing. That is why we are giving you the opportunity to donate cash and/or gift cards (Amazon, Target, or Kohls) to purchase much needed gifts for our chosen families.

For those of you who wish to write a check, please make it out to Kathy Black (preferably) or Las Candalistas. For those of you who would like to donate gift cards, please call one of us and we would be more than happy to pick them up (or you can bring them to our October/November meetings).

We are patiently awaiting the news to see which families from our philanthropies will be on Santa's Nice List this year. (This usually occurs in November.) Thank you so much in advance for your generosity!!!

Kathy Black 310.375.6270
Cathy Howard 310.365.6336

Mail checks, addressed to Kathy Black at:
Kathy Black
213 Via Alameda
Redondo Beach, CA 90277

Kathy Black and Cathy Howard
Adopt a Family Co-Chairs

BUNCO

We will be having our first Bunco night this month on 10/18 at Carla Smith's house. An invite will be sent October 1st to those players who signed up at the September meeting. The first eleven ladies to respond will secure a spot.

The Las Candalistas Bunco Group is a fun way to get together with other members, play a game, eat snacks, and be silly. We meet once a month with the exception of December, June, July, August and September.

If you would like to be included in Bunco this year and did not have an opportunity to sign up at the meeting, please contact one of the Bunco co-chairs and let us know.

Hollidae Brown- hollidae12@gmail.com 310-418-7854

Paula Redmond- theredmonds7@gmail.com 310-987-9744

We also need members to sign up to hostess.

Hollidae Brown and Paula Redmond

Bunco Co-Chairs

BOOKCLUB

Our October Book Club meeting will be held on Wednesday, October 25th at 4:30 pm. Susan Yamate will be our hostess this month. 5006 Paseo del Pavon, Torrance, Ca.

TOMORROW, TOMORROW and TOMORROW by Gabrielle Kevin is this month's choice. It's a very popular book and is an interesting story about the main characters developing video games. Even if you can't attend our meeting, you might like to read it.

Please contact Marlyn Franklin marlyn.franklin@gmail.com if you are planning to attend. Hope to see you at Susan's on the 25th.

Don't forget that LESSONS IN CHEMISTRY will be airing on Apple TV starting October 13.

Marlyn Franklin

Book Club

EXCURSIONS Huntington Library Estate and Garden Tour

Date: **Monday, November 13 tour to begin at 10:30.** The docent-lead tour of the estate and the gardens will last about 90 minutes. Our plan is to have lunch/tea on the property following our tour. We will need to carpool up to Pasadena, and will be looking for volunteer drivers. The cost for the tour will be \$34.00/person, but at this time we do not have the cost breakdown for lunch options. Lunch will be a separate cost.

If interested in attending, please email: Cindy Macfarlane - cmac625@verizon.net. We will need to have a final number 7 days before our tour date, and also will need to collect payment at the November meeting.

We are hoping our group will be around 20 people, if we don't have 20 members interested in attending we can certainly open this event up to friends and family.

Cindy Macfarlane & Shelley Pogorelsky,

Excursions

THRIFT

We will be collecting Thrift at the October meeting. Items needed are clothing for Men, Women and Children, household items and small appliances. Please make sure clothing is clean and in good condition and appliances are all in working order.

Holidays are coming quickly, and we are collecting items for our Toiletry/Cosmetic Kits that we distribute to our charities in December. These items can be brought to the meeting and should be NEW ITEMS ONLY. They can also be delivered to Jan's home, just call or email to make sure she is not travelling. (Jan Raymond- 310-704-8671 jhtd4@aol.com)

For Men: Deodorants, combs, razors and large toiletry bags
For Women: Deodorants, lipstick, nail polish and any cosmetics.
We also need large cosmetic bags.
Many of these items can be purchased at Dollar Tree or 99 Cent Store.

We will also need toothbrushes/toothpaste (please ask your dentist if they will donate). And any hotel size shampoo, etc, if you are travelling.

Thank you again for all your support in this effort.

Donna and Jan
Thrift Chairwomen

SUNSHINE AND RAIN

Many of our longtime members remember **Babbs Skinner**. Babbs was a member of Las Candalistas a while ago. We have been notified that Babbs passed away Sunday, September 24th. Her 3 children were by her side. Babbs had moved to Florida to be nearer to her son Kevin. Her husband Steve passed away last fall. She had been suffering from dementia for the last number of years.

Cards of sympathy and condolences can be sent to the family via her eldest daughter -Kimmie Yormick 1224 Ford Road, Lyndhurst, OH 44124. We have heard that they are listing donations in Babbs honor be sent to Las Candalistas as an alternative to sending flowers. Isn't that kind of them!

Dita Lantz is in hospice care. She has been suffering with Pancreatic Cancer. Please keep her and her family in your prayers during this difficult time. If you would like to send a card, the address is 30501 Via La Cresta, RPV 90275

If you hear of any member who is in need of encouragement, please let the Sunshine Gals know! If you know of exciting news, please let us know so that we can share as well!

Carla Smith, Karyn Farris and Shelley Pogorelsky
Sunshine and Rain

WAYS AND MEANS

We are always looking for suggestions of businesses to contact for sponsorship opportunities for our events. Introductions are always welcome, and we can follow up with details with the business. Let us know if you have anyone you think would be interested! bljs@msn.com Thank you!!

Lynda Black & Debbie Bramhall
V.P.'s Ways and Means

ROSTER UPDATES

Rosters will be available at the October General Meeting. Please be sure to pick yours up. If you live by a member who is not usually in attendance at meetings, please see me about delivering their roster to them. Additional Rosters are available at the meeting for \$5.

Please correct **Irene Almeida's** info in your Roster. CORRECT ADDRESS- 5005 Paseo de las Tortugas
Also, she no longer has a home/landline. Please cross that off.

Karen Stockbridge
Corresponding Secretary

HOLIDAY PARTY



Whether you've been naughty or nice ...
you're invited to the annual LC Holiday Party!

When: Sunday Dec 3rd

Time 5:30

Place: Raffaello's; 457 W. 7th St., San Pedro

Parking is FREE in San Pedro on Sundays.

Attire: Festive!



And if you want to get extra festive, there will be a prize or two for the most creative holiday outfit.

Cost: \$55.00 per person.



Bring your significant other or come solo!

Raffaello's will serve us bruschetta and roasted bell pepper appetizers, followed by a delicious buffet including salad, bread, chicken marsala, broiled salmon in garlic oil and 2 pastas (at least one vegetarian) and tiramisu for dessert. YUM. Alcohol is extra but there is a bar conveniently located right outside the banquet room.

FUN GAME! Your mission is to bring a gift to exchange at your table. There are no requirements other than it has to be the most bizarre or unique item you can find in a thrift store (or anywhere, but a thrift store may be more interesting) for \$10 or less. Wrap it up and each table will draw numbers to see who gets what! If two of you attend, each must bring an item.



Make checks out to Las Candalistas. Bring to the General Meeting or mail to:

Laura Henson: 1207 S. Averill Ave., San Pedro 90732

Questions? email Laura at lauh6491@gmail.com

Come celebrate the holidays with your LC family!

This is always a fun event for everyone!

HISTORY LESSON #2 *Our Philanthropies*

Since October is the month we select our Top 3 philanthropies for the season, I felt a little history on this subject might be interesting. Disclosure: the information I report is from newspaper clippings, past rosters, and past programs. I attempt to be as accurate as possible.

When LC was first formed in 1967, we were not a truly independent organization. We were a non-profit, but we were an auxiliary of the Child Guidance Clinic, which was part of the South Bay Children's Health Center (SBCHC), located in Redondo Beach. And, yes, this is the same South Bay Children's Health Center that is currently in our top 6. Our relationship with this organization goes way, way back. The following page has two newspaper clippings regarding our early work with the Child Guidance Clinic.

In 1989, we incorporated and became a fully independent 501 (c) (3) organization. This meant we were no longer bound to only support SBCHC, although we could include them if we chose to. We stated in our new Bylaws that we would support philanthropies that benefit Children AND the Environment. Our annual (and now very popular) *Walk on the Wildside* fundraising event was all about the environment of the PV Peninsula so it made sense that we support environmental causes. We also stated that we would select 3 charities to receive the net proceeds of our fundraising efforts and defined the criteria for selection and the process for selection.

Our first Top 3, in our 1989-90 season were:

- The Ayres Clinic; which utilized occupational therapy for learning disabilities, autism, and other disorders. They were located in Torrance.
- The South Bay Child Guidance Clinic; our philanthropy since 1967
- Toberman Settlement House; which would later evolve into the Toberman Neighborhood Center. We still have a strong relationship with this organization. Toberman has been vital in helping us with the 'heavy lifting' in putting together our *Walk on the Wildside*, and more recent Spring Events. (Thank you Kenny Green, honorary LC member, and past Toberman employee)

One trait of LC I have always respected is that we have a history of supporting philanthropies that need help getting off the ground. One of these philanthropies, which has come a long way, is Harbor Interfaith Services. We first selected them for our Top 3 in 1993 and at that time, they were known as the Harbor Interfaith Shelter. Our support allowed them to purchase their first van! Since then, they have grown, expanded their services, and now are a vital resource for empowering the homeless and working poor in the South Bay.

I'm sure there are other wonderful stories about our philanthropies. If you have one, please send it to me!

Laura Henson-Broussard

President and Unofficial LC Historian

Guidance at End of Walk

Nearly 100 South Bay children are waiting for appointments at the Child Guidance Clinic of the South Bay Children's Health Center, Redondo Beach.

Half of these children have not been seen for their initial visit to the clinic, and the other half are waiting to start their treatments.

The reason for the waiting lists is the overload being carried by the staff of the clinic.

To help provide funds for the expansion of services, Las Candalistas is conducting its second annual nature walk, a "Walk on the Wild Side" April 1, in upper Portuguese Bend.

Proceeds from the walk will go to the clinic, which Las Candalistas has supported since 1967.

All South Bay families are eligible for guidance and treatment at the clinic, and fees for services are adjusted to income.

The clinic offers the professional staff of the Los Angeles Child Guidance Clinic which is affiliated with the University of Southern California, School of Medicine, Department of Psychiatry.

Arthur H. Orlowski, M.D., is director of the clinic. Treatment and guidance is given by a team consisting of a child psychiatrist, Frederick Danziger, M.D.; a clinical psychologist, Robert Barron, D., and two psychiatric social workers, Mrs. Elizabeth Pierce and Mrs. Elizabeth Wood.

Mrs. Pierce explains why there are two waiting lists.

When a child is first referred to the clinic, a member of the staff makes an evaluation. This includes taking the child's history, a psychological test and determining the psychiatric status of the child. The doctors also look for clues to rule out a physical basis for the problem.

Then the team decides whether treatment is needed or desirable, and if so, what the best treatment program would be.

The results of the evaluation are passed on to the parent who must cooperate with the program.

If the child needs treatment, they may have to go on a waiting list. If there is an opening, they are accepted for treatment.

"Parents are always involved in the treatment," Mrs. Pierce

said. Seventy families are currently in treatment, and nearly 300 have gone through clinic since 1967, Mrs. Pierce said.

"Until one and a half years ago, this was accomplished in spite of operating on a part time basis," she added. "We are now open five days a week, but we have to operate with a skeleton staff."

With additional funds, the staff can be increased, and more children can be treated more quickly, Mrs. Pierce pointed out.

What would be an example of the work the clinic accomplishes?

Spring, 1971



Dr. Arthur Orlowski, director of the Child Guidance Clinic, counsels a teenager. Las Candalistas will conduct a nature walk April 1, to raise funds for the expansion of the Clinic's services.

20 Wednesday June 21, 1972 PALOS VERDES PENINSULA NEWS and PENINSULA SHOPPING NEWS

Las Candalistas Install; Give Clinic \$5100 Check

Las Candalistas, auxiliary of the Child Guidance Clinic of the South Bay Children's Health Center, held their annual membership luncheon Wednesday, June 7, at the home of Mrs. Richard Colyear, Rolling Hills.

Rainy skies failed to dampen their good spirits for, as outgoing President Mrs. C. W. Mehling said, "There's only one day of the year it dare not rain and that's the day of the walk." She referred to the group's annual fund-raising "Walk on the Wild Side", a nature walk held on the old Vanderlip Estate in Portuguese Bend.

Mrs. Mehling was joined by Mrs. R. A. Henderson, who was chairman of the walk this year and is incoming president.

Together they presented a check for \$5100, from the walk to Dr. Arthur Orlowski, director of the South Bay Child Guidance Clinic.

Dr. Orlowski told the prospective members about the work of the clinic. He explained that the clinic was started in 1967 and offers both individual and family therapy. The clinic is located in Redondo Beach, and is a branch of the Los Angeles Child Guidance Clinic which will be 50 years old in 1974.

Mrs. Mehling talked briefly about the walk, explaining there's something for everyone to do whether it be crafts, cooking, or just talking. She then introduced incoming President, Mrs. R. A. Henderson who gave her a gift of appreciation from the group.

Mrs. Henderson asked Mrs. A. B. Elliott and Mrs. George Henderson, who will be chairmen of the walk this year, to comment on their plans. No one blinked an eye when Mrs. Elliott said "Work will begin next week."

Other officers for the coming year will be: Mmes. William Toole, first vice president; A. B. Elliott and George Henderson, second vice presidents; Kenneth Masal, third vice president; Joseph Henriksen, fourth vice president; David Brown, secretary; Peter Pinner, treasurer and Marvin Nixon, parliamentarian.

Guests present were Mmes. Dan McPeak, Thomas Sabourin, Richard Orwein, William Stevenson, Richard Oldenburg, Burr Allegaert, William Corette, Richard Johnson, Francis Parsons, William Henderson, Robert Bowman, Charles Leimbach, William Garnett, and Arthur Hickman.

THE WILD SIDE - 1972
June 10, 1972 - 1st Reg

GIFT TO CLINIC - Mrs. C. W. Mehling (left) outgoing president of Las Candalistas, last week presented check for \$5100 to Dr. Arthur Orlowski, director of the South Bay Child Guidance Clinic. Proceeds came from Walk on the Wildside. Also shown is Mrs. R. A. Henderson, new president of the group.

RALPH'S COMMUNITY CONTRIBUTION PROGRAM

Thanks to all the members who are signed up for the Ralph's community program. We so appreciate that you have taken the effort to join. It is easy to do, and the benefit grows with every new signed up member.

Our 53 members who shopped at Ralph's between March-May earned \$388 for Las Candalistas. Thank you!

To our new Provisionals, if you have signed up for the community program, thank you for joining. If you have not yet signed up and you shop at Ralph's, we would love for you to help grow the contribution Ralph's will give us each time you shop.

Ralph's has changed the way to sign up for the community program. They ask that you create a digital account which you can do here:

<https://www.ralphs.com/i/community/community-contribution-program>

Once you click on the website link above, the instructions are very clear on how to create a digital account and then link it to Las Candalistas. Every time you shop, your receipt will state that there was a contribution to Las Candalistas on the bottom of the receipt.

Please feel free to call me or email should you have questions and thanks so much for your participation in the Ralph's Community Contribution Program. cheryl.deppe122@gmail.com 949 205 9991

Cheryl Deppe
Community Contribution Program Coordinator

WEBSITE

Website:

Just a reminder for you to register for the Members Only section of our www.lascandalistas.org website. On the Members Only section you will find a calendar of LC meetings and events, necessary documents, and other useful information. If you haven't registered yet, please email me at lauhen6491@gmail.com and I'll set you up. Please register!

Thank you!

Laura Henson-Broussard and Janis Davis-McGarry
Webmistresses

SOCIAL MEDIA AND EMAIL MARKETING (CONSTANT CONTACT)

Social Media:

We have two Facebook pages accounts: a public and private one:

Public Facebook Page: please like our page and like and share our posts. Type in Las Candalistas in the search bar to find us.

Private Facebook Page: This is for Las Candalistas Members Only (please don't confuse this with our website Members Only page). We use this to post photos of LC social events, share info about our philanthropies and more. Type in Las Candalistas Members in the search bar to find this page. You have to ask to join.

Instagram: Type in lascandalistas in the search bar to find us. Click on follow. Like our posts!

Email Marketing (Constant Contact):

We have been using Constant Contact for email marketing for several years. I wanted to explain what this is, for those of you who are not familiar with it.

Constant Contact is an email marketing company that will send out emails for your organization. They have professional templates and the ability to send mass emails. If you subscribe to receive emails from your favorite stores, you have most likely received emails via Constant Contact.

We utilize Constant Contact mostly to advertise our events. In fact, our most recent fundraising events are using Constant Contact as the primary advertising source (along with a follow-up postcard)

All LC members are on the Constant Contact email list so any time one is sent out, you will receive it. You can, in turn, forward it on to friends, which helps us spread the word.

However, often times emails sent through companies like Constant Contact can wind up in your Promotions box or Spam box rather than your Primary inbox. So please check all your inboxes to make sure you haven't missed an email. You can all add lascandalistas@gmail.com to your contact list. That will help.

Thank you!

Laura Henson-Broussard
Social Media and Email Marketing

OCTOBER 2023

Birthdays

SUN	MON	TUE	WED	THU	FRI	SAT
						01
01	02	03	04	05	06	07
	Pramila Tekchandani	Lynn GecksMoody	Officer's Meeting			Lisa Nesicolaci Fall Social
08	09	10	11	12	13	14
	Nancy Pearson		General Meeting PVP Library Judy Moorhead Carol Mead		Laurie Anderson	
15	16	17	18	19	20 	21
			Bunco	Tracy Peffer	Fundraiser PV Golf Club Suzanne Manavian	
22	23	24	25	26	27	28
	Sue Soldoff		Book Club			Irene Rosenberg
29	30	31				
Maureen Megowan		Halloween 				