

LAS CANDALISTAS SEPTEMBER NEWSLETTER

LETTER FROM THE PRESIDENT

“WE’RE BETTER TOGETHER”

I’m excited to start my journey as this year’s President. My motto is “We’re Better Together”. We’re an organization of extremely compassionate and creative women that get the job done when we’re working together. I couldn’t be more proud of the work we do and am Las Candalistas’ #1 fan!

I want to thank and give a shout out to a great group of volunteers that have stepped up to be Officers, Board Members, Fundraising Event Chairs and President’s Special Committee Chairs. I sent out an email during the summer to keep you up-to-date on what’s going on behind the scenes. So happy to have such an enthusiastic and supportive team.

We’re off to a great start due to the following activities that have taken place or that are in the works. **Please read all of the newsletter articles for more information.**

- We have already raised money thanks to the two small FUNdraisers we had during the summer. Thank you to Selina and her team.
- Kelly Reinart and Jan Schlesinger and their committees have been working all summer to bring us a fabulous Fall Event, Between the Lines...a Literary Luncheon. Tickets are on sale SOON!
- Our Philanthropy VP’s , Lisa Nesicolaci and Debbie Sampson, hosted our Philanthropy Selection Meeting where our committee, which consists of all of our Officers and Board Members, chose our Top 6.
- We have 15, yes 15, new Provisionals this year!!! So excited to see the path they choose to take within our organization. We have a plethora of ways to get involved. Will you choose a Leadership Role, Chair an event, participate on a committee, host a small FUNdraiser, join the Book Club, play Bunco, experience an excursionthe world is your oyster in Las Candalistas. They will be hosting their Fall Social on October 19th.

Back by popular demand.....

- Bunco
- Book Club
- Liaisons of Fun (aka LC Excursions)

Oldie but goodie...

Cocktails at Sunset - We will be having these when we want to get the members fired up about an upcoming event or to celebrate our successes. Get ready for our first one to be held on 9/26..Boos anyone? Stay tuned for more information!

And last but not least, a Las Candalistas tradition....

- Cook and Work Days at the Church - So thrilled to have members back at the church to help with the making of our Friends and Family items and creating a project for LC Creations and Sunshine and Rain. It's my favorite time of the year and I am so glad it's back!! Please join us so you can see for yourself why it's a must attend!!!

You can see, we have a lot of fun and exciting things planned while not losing sight of our mission that no child in the South Bay should go hungry, no South Bay family should be in fear for their life, no family should be turned away from care that is needed and every child in the South Bay should be able to visit and learn about the ocean and our environment.

So what do I plan to work on this year? I have a lot to share but that will have to wait until our first General Meeting on Wednesday, 9/11, at the PV Library, 9:00 Social, 9:30 General Meeting and a time to eat, drink and be merry, immediately following our meeting. While we enjoy seeing you in person, we are once again offering Zoom as another way to attend our meetings.

Laura Henson will continue with sharing a piece of our history with famous LC recipes in honor of all the members that used to cook all the meals for all of our events.

Counting the days until we all meet and be "Better Together"!

Lorri Mino
President

BOARD OF DIRECTORS

On behalf of the Board of Directors, it is my pleasure to welcome everyone to the official start of our new fundraising year!

I'm honored to once again serve as Chair for the coming year and am pleased to be working with a very strong and caring Board. The two members beginning their second and final Board year are Carla Smith and myself. Ann Goodhart, Cindy Macfarlane and Lynda Black, who will be serving as Board Secretary, are beginning their two-year term. The five of us look forward to working closely with our President, Lorri Mino, and the Officers to support our philanthropies and make this new year a success!

Building on last year's success, we will continue to focus not only on our fundraising efforts for our 12 nominated charities, but also on fostering a strong sense of community among our members. Our Excursion Chairs first event will be taking place soon at the Old Town Music Hall in El Segundo, and we'll also enjoy fun and rewarding activities like the recent floral design class and the yard sale led by our Small Social Fundraising Chair. In addition, our Sunshine Chairs will be keeping us updated on the good news and milestones of both former and current members. And when life isn't as bright, we are here to support each other through the tough times too.

Thank you all for being dedicated members and for your passion to give back to the children and the environment in the South Bay. Your commitment is what makes our mission possible, and we can't wait to see what we'll achieve together this year. Please do not hesitate to contact me or any of the Board members with any questions, ideas or suggestions. We'd love to hear from you.

Warmly,
Amy Mosher, Chair
Lynda Black, Carla Smith, Cindy Macfarlane and Ann Goodhart
Board of Directors

PARLIAMENTARIAN

We are looking forward to seeing all our Las Candalistas members at our first General Meeting of the new year!

Date: Wednesday September 11, 2024

Location: Peninsula Center Library; 701 Silver Spur Rd., Rolling Hills Estates – **Community Room**

Social: 9:00 am

General Meeting Begins: 9:30 am

Potluck Luncheon: Immediately following the meeting – Community Room

Please bring a dish to share (for 8 people) according to the starting letter of your **LAST NAME:**

A-L: Appetizers or Sandwiches (with any needed serving utensils)

M-R: Salad or Fruit (with serving utensils)

S-Z: Desserts

BRING YOUR OWN DRINK

New this year! Wine is allowed at our Peninsula Library Potluck.

ZOOM. For those of you who unfortunately cannot attend this special first general meeting and luncheon in person, you will be able to attend via Zoom. The link is in the email that came with this newsletter and will be sent again to all members the week of the meeting. Please note according to our standing rules, to be counted present via Zoom, your video camera must be turned on at least at the beginning of the meeting and your first and last name must be displayed.

See you there!

Michelle Drapeau
Parliamentarian

CORRESPONDING SECRETARY

Hello Everyone! I hope you are ready for a fun and exciting 2024-25 season. As your Corresponding Secretary, or as I like to call myself, Chief Communications Officer, I am responsible for the following:

- Eblasts – these come from the Las Candalistas gmail account and keep all members informed of LC happenings, updates, urgent matters, etc. Note: please NEVER reply to an eblast. If the eblast requires a response, the contact info for that member is always in the eblast. If you do reply to an eblast, your email may get lost in the pile of emails that come into our account.
- Newsletters – these are usually eblasted out the 1st of each month. There are no newsletters in December, July, or August. Please read these, they are important! They contain all the info you need to know for what is currently happening with LC.
- The Roster (our Membership book)

The 2024-25 Rosters are here! Inside you will find photos and contact info for all members; dates of meetings and events; our standing rules (which were updated in April 2024); and other LC info.

Where do I get my Roster?

Each member receives one Roster. Your name will be on it so we can keep count. I will be handing them out at the September General Meeting. I am keeping track of members as they pick them up so please don't

take yours until I have checked you off the list. Please let me know if you need to make other arrangements to receive your roster.

Corrections: So much time and effort go into creating these rosters but invariably there will be errors. Please make the following corrections in your printed roster:

- Lisa Winkelspecht's husband Brian passed away last year, but his name did not get removed from her info. We sincerely apologize to Lisa for this oversight.
- Provisional Marla Shwarts name is placed incorrectly. She's in the S's just the wrong spot.
- Kelly Reinart's husband's name was left off her info. Please add Glen to her info.

If you see something that needs to be corrected, please let me know at the email below.

We do have some spare Rosters, you may purchase one from me for \$5.00 cash, if you'd like to have an extra one. If you lose your Roster sometime during the year, you may purchase another one for \$5.00, if there are any left.

In addition, I will eblast a pdf version of the Roster (corrected) soon which you can save to your phone, so you'll never be without it!

Thank you!

Laura Henson-Broussard lauhen6491@gmail.com
Corresponding Secretary

FALL FUNDRAISER
Between the Lines ... A Literary Luncheon



Please be sure to invite your friends and family to our Fall Fundraising Event, Friday, November 1st, 2024. We are excited about all the amazing authors we will have, the wonderful setting, food, friends, and fun!

Our charities will benefit with all of YOUR help, and we are very appreciative of all the efforts throughout the summer from all the "chairs." We are looking forward to everyone having an amazing time to share, buy wonderful things and trips.

Buy your tickets and get ready for an exciting day with authors who will speak directly to you, answer questions, and sign your books.

Please read the articles below for more details on the event and information from our committee chairs.

Kelly Reinart and Jan Schlesinger
Between the Lines Event Chairs

Date: Friday, November 1st, 2024

Time: 10:00 am – 3:00 pm

Ticket Price: \$125 Price increases to \$135 after October 7th. Ticket sales close October 18th

Purchase Tickets at <https://lascandalistas.ejoinme.org/btltickets>

Your day includes:

- Welcome champagne
- Tray passed hors d'oeuvres
- Plated 2-course lunch
- Silent Auction
- Buy-it-Now Opportunities: Private Chef prepared dinner in your home for 8; Cooking Classes in your home; or a stay at a boutique Tuscan Hotel outside of Florence. Offered by Tuscan Hills Table, Private Event Chefs in Tuscany & California.
- Buy-it-Now Africa trip offered by Zulu Nyala
- Las Candalistas Creations/Garden Shop
- Jams & Jellies and Gourmet Foods
- Sweet Shoppe
- Found Treasures
- Vendors
- New and improved sound system at the PV Golf Club

Meet Our Featured Authors

If you thought the authors were fun last year, wait until you meet this year's lineup!

Most of the authors will be selling and signing books before lunch.

They will be based just inside the garden by the succulent wall. Be sure to visit them and say hi.



Ellen Byron is a USA Today bestselling author, Anthony nominee, and recipient of multiple Agatha and Lefty awards for her Cajun Country Mysteries, Vintage Cookbook Mysteries, and Catering Hall Mysteries (as Maria DiRico). A Very Woodsy Murder is the first book in her new Golden Motel Mystery series. She is also an award-winning playwright and non-award-winning writer of TV hits like Wings, Just Shoot Me, and Fairly OddParents, but considers her most impressive achievement working as a cater-waiter for Martha Stewart.

An alum of New Orleans' Tulane University, she blogs with Chicks on the Case, is a lifetime member of the Writers Guild of America and serves on the national board for Mystery Writers of America. She lives in the Los Angeles area with her husband, daughter, and rescue pooch Cammie.



Amber Susa is the author of "Born To Be All Of Me: Moving Out Of Self-Abandonment Into Authentic Embodiment", a best-selling book in the category of personal development and spiritual growth.

She is an entrepreneur, fitness expert, life-long dancer, holistic health and embodiment coach, Reiki healer, inspirational speaker, performer, spiritual mentor, and teacher.

Amber is the founder and owner of Allomi (all-of-me), a platform for holistic health and healing that focuses on movement, meditation, and mindfulness.

She is the creator and writer of her one-woman show, Waking Up to All Of Me: The Integration of The Inner Child and The Empowered Woman, performed most recently at the Hollywood Fringe Festival, where it received rave reviews.

She is most passionate about supporting women in becoming all of who they were born to be. Amber currently resides in Palos Verdes, CA with the two loves of her life, her daughter Dawson and son Will.



Tom Sullivan's life is a testament to courage and challenge, gratitude and service. Born 3 months prematurely, Tom was given too much oxygen in an incubator that saved his life but cost him his sight. Sullivan's achievements are remarkable despite the disability. Educated at the Perkins School for the Blind, Providence College, and Harvard, Tom excelled as a student and an athlete. Sullivan's a member of the Wrestling Hall of Fame, a marathon runner, avid skier, and golfer who routinely shoots in the high 80's.

His career as a singer/songwriter has taken him to concert venues around the world, and his roles as an actor have entertained audiences on TV series like Highway to Heaven, Touched by an Angel, Designing Women, Mork and Mindy, and WKRP in Cincinnati. He also spent 6 years as a special correspondent for ABC's Good Morning America where his touching stories on people beating the odds became a Wednesday morning staple. He is the author of 14 books and his biography, *If You Could See What I Hear*, was made into a highly successful movie in 1982. He will be discussing his book "The Leading Lady, Dinah's Story" co-authored with Betty White. He notes that being married to his wife, Patty, and having his children, Blythe and Tom, are his greatest treasure and most important achievement.

Tom's life of service has been recognized with awards such as the Hellen Keller Lifetime Achievement Award, the Will Rogers National Humanitarian Award, the Apollo Award for his work in eye care, and the naming of a classroom and legacy fund thanks to the over \$8M he and his wife Patty have raised for the Blind Children's Center of Los Angeles. Showing no signs of slowing down, Sullivan is actively pursuing opportunities to continue his commitment to a life of service. His formula for living is remarkably simple: "Challenge yourself to be the best person possible and in that effort, choose to make a difference in the lives of others".



Patty Sullivan was born in Detroit, Michigan, and raised in Tucson where she attended the University of Arizona.

During a summer spent on Cape Cod, she met her husband, Tom Sullivan, who was attending Harvard at the time but pursuing a career in the music business. At the same time, they met Allen Ludden and Betty White who became mentors and beloved lifetime friends, inspiring their own loving marriage of fifty-three years.

Tom and Patty have two grown children, Blythe and Tom, Jr. While raising their family, Patty traveled with Tom for his music concerts and television appearances as well as thousands of motivational speaking engagements across the country. Along the way she served her community in many capacities. Most important to her is the organization she founded to support the Blind Children's Center of Los Angeles, raising more than 10 million dollars to date. Equally important is her long-time commitment to Providence Little Company of Mary Hospital. As a Trustee Emeritus she continues to serve on their Ministry Board and Mission Community Health Committee.

She has had a wonderfully full life and along the way, was blessed with an incredible relationship with the remarkable Betty White, her mentor and surrogate mother, prompting her to write this loving tribute, *Betty White's Pearls of Wisdom: Life Lessons from a Beloved American Treasure*.

We are really pleased that **Rebecca Forster (one of our authors from last year)** has agreed to be our host.



Rebecca Forster started writing on a crazy dare and found her passion. Now a USA Today and Amazon bestselling author with over 40 books to her name. Laurie Levenson, CBS Legal Correspondent calls Forster’s legal and police thrillers “perfect...impossible to put down.”

The Witness Series, set in Hermosa Beach, is published worldwide and has over three million readers. Rebecca’s Finn O’Brien series takes inspiration from the micro-communities in Los Angeles. Her fast-paced tales are known for deep characterization and never-see-it-coming endings.

Rebecca has taught at the acclaimed UCLA Writers Program. She is a sought-after speaker, keynoting at judges and bar associations, business and philanthropic groups. She has also been a repeat presenter at the LA Times Festival of Books.

Forster does extensive research to bring authenticity to her work. She is a graduate of both DEA and ATF citizen’s academies, Palos Verdes PD gun safety course, and landed by tailhook on the USS Nimitz where she was a guest on the aircraft carrier during the Leaders to Sea Program. World travel informs her work from Albania to China and all points in between.

Rebecca is the mother to two grown sons and is married to a Los Angeles Superior Court judge. She has been a Palos Verdes resident since 1995. She is feverously trying to finish her 9th book in the Witness series which will feature our very own Michelle Drapeau.

Debbie Sampson
Author Coordinator

Invitations & Social Media

Our official invitation will be sent out via Constant Contact email marketing Tuesday September 3rd, the same day tickets go on sale. Look for it in your inbox. If you don’t see it there, check your Promotions tab (especially if you have gmail) or your spam folder. Please forward this email on to your friends, family, anyone you think may be interested.

We’ll be starting to promote the event via our social media platforms Facebook and Instagram. Please like and share our posts. If you haven’t already, please find us on Facebook at www.facebook.com/lascandalistas and like our page; and find and follow us on Instagram at www.instagram.com/lascandalistas

Thank you, please help us make this a sell-out event!

Laura Henson-Broussard – Email-Marketing

Laura Henson-Broussard & Stacey Navarro – Social Media Marketing

“Between the Lines” Reservations

We are so excited to open reservations for Between the Lines on September 3rd!
Ticket prices are \$125 and will increase to \$135 after October 7th.
Ticket sales close on October 18th (or sooner if we sell out).

We will have our laptops at the September General Meeting and will be happy to make your reservation immediately following the meeting. Credit Card or Check.

Or, reservations can be made online at <https://lascandalistas.ejoinme.org/btltickets>

We are using the Greater Giving software again, which requires all guests to pre-register their credit cards. This not only streamlines the check-in and check-out process; it also allows you to make purchases on event day. If you prefer to purchase your tickets by check, a credit card WILL still be required to have on file for any purchases made at the event.

If paying by check please mail to Irene Almeida @ 5005 Paseo de las Tortugas Torrance, CA 90505 Check payable to Las Candalistas.

The event will be open seating but if you have 10 people who wish to sit together, please notify Debbie Bramhall at Debbie.bramhall@icloud.com No tables with less than 10 guests can be reserved. If you do not have a party of 10, get together with someone else who can help to fill the table. Otherwise, you need to arrive with ample time to find a table that will accommodate you and your party. Reserved tables of 10 will only be assigned for those who have paid for their ticket and have notified Debbie in advance. When making your reservation for a table of 10 it will be VERY HELPFUL to have the names, phone numbers, email addresses and meal choices for everyone in your party.

Meal choices:

Bacon Caesar Chicken Salad or Cobb Salad (Turkey)

If you prefer a Vegetarian meal, please select Special Meal option and contact us at lascandalistas@gmail.com

If you have any questions or need help with your online reservation,
please don't hesitate to call Irene at 310-486-1816.

Thank You!!!

Irene Almeida and Kathy Black
Reservations/Check-in Co-Chairs

Silent Auction

Las Candalistas Members:

Now is the time! We need Silent Auction items for our Fall Fundraiser. Remember as we voted on in the spring the Standing Rules now state all Active and Associate members are required to donate one silent auction item for either the Fall or the Spring Fundraiser. Get together with your fellow members, contact your most frequented businesses, reach out to your favorite restaurants – We know what you love, our guests will love too. Items can be dropped off at Cindy Macfarlane's home when ready. Do not forget to add a completed donation form with your item. The donation form is attached to this newsletter and is also available on the Members Only portion of the LC website. If you have any questions do not hesitate to reach out to one of us.

Cindy Macfarlane cmac625@verizon.net and **Stella Bullock** smbullock3@aol.com
Silent Auction Chairs

LC Creations

We are busy creating but still need volunteers for the creative craft days (Cook/Workdays) of Sept. 16th and 17th (Start time: 9am).

Our first item will be a bookmark with dried flowers using Modge Podge. We will have a tassel to attach to a clear bookmark holder (Note: Please bring tweezers to place flowers on bookmark).

Our second item is a "Seashell" ring or trinket dish. We will use decorative paper napkins and Modge Podge to seal the shell and attach the paper design. (Note: If you have a beautiful paper napkin that you would like to use, please bring it. We will have a few paper napkin designs for you to use).

Our third craft is Hammered Flower Greeting Cards for our "Sunshine and Rain" Team to use for our organization. We will have fresh flowers and 4 ballpeen (flathead) hammers to use. We will be hammering flowers onto watercolor paper. This paper absorbs the color of the flowers and leaves. Abstract and beautiful results can be enhanced by colored Sharpies. (Note: If you have fresh small flowers, green leaves, or ferns and would like to donate to this craft, please feel free to bring them).

Our 4th craft is to make book covers with pockets.

This will involve some note taking, paper folding, sealing the cover, stuffing the pocket with goodies, and tying a bow.

We are in hopes that members will donate books they have read. **Please bring a book to donate (to be sold) for this craft to the September general meeting.**

We are in need of a member that has experience in fine brush painting for the edges of the shell dishes.

We will need 4-6 volunteers to help unload and set-up the L.C. Creations area at the Country Club event at 8 am.

Please contact me if you have any questions or can help with any of the above.

Susan Sanborn susan.p.sanborn@gmail.com

LC Creations Committee Chair

Sweet Shoppe

ATTENTION ALL BAKERS! We will once again be having our delectable Sweet Shoppe at the Fall Event and would love to have as many bakers as possible. We are looking for new items as well as some of our all-time favorite best sellers! If you are interested in baking for us, please contact us for more information!

We will also need a couple of volunteers to work on the day of the event, so let us know if you would be interested in that.

Lisa Nesicolaci lisanesi90@yahoo.com

Susan Yamate wrapwithme@gmail.com

Sweet Shoppe Chairs

FRIENDS AND FAMILY 2024 HOLIDAY SALE

It's that time of year again to start thinking what jams, jellies, soup mixes, or holiday goodies you will want to "spread" holiday cheer with this year. An order form is included in this newsletter, and the form can also be found on our website in the Members Only section. Please share the form with friends, family, and neighbors.

The form can be returned to Kathy Black (her address is on the form). Payment should be included with your order. Or you can turn in your order form with payment at the September or October General Meetings. Please note that the deadline for orders is the October General Meeting which is October 9th.

A reminder that our cook days at the church are September 16 & 17, 9:00-5:00 each day. We would love to see the church hall and kitchen full of "little elves" busy with the making of jams & jellies. Please come and join us for a few hours or the whole day. Many jobs will be available to choose from. Provisionals: This is a great opportunity to meet other members and for them to meet you!

We thank you for your support of the Holiday Sale. As always, all proceeds will go to our selected charities for this year.

See you at the church! (address is in the roster under Location Addresses but here it is anyway: Riviera United Methodist Church (RUMC) 375 Palos Verdes Bl., Redondo Beach

Please contact Ann Goodhart with any questions about Friends & Family: annrgoodhart@gmail.com

Ann Goodhart, Janie Woodburn, Janie Hasselman, Laura Webb, Belinda Krekorian, Cathy Howard, Kathy Black, Lois Riopelle, Polly Goodman
Friends & Family Committee

SPECIAL FUNDRAISER

Save the date for a night of fun, laughter, and a touch of magic!

Have you enjoyed our auctioneer, Gary Cannon? Then mark your calendars for a night not to be missed on Sunday January 26th for a night of Comedy and Magic with Gary Cannon and friends. This is an extra small fundraiser, and Gary is kindly giving his time free of charge. Clarke Brown will be bringing a touch of magic to the evening at no charge too.

This night of entertainment will be held at Michaels of Tuscany in San Pedro with a full Italian buffet from 5:00pm to 10:00pm.

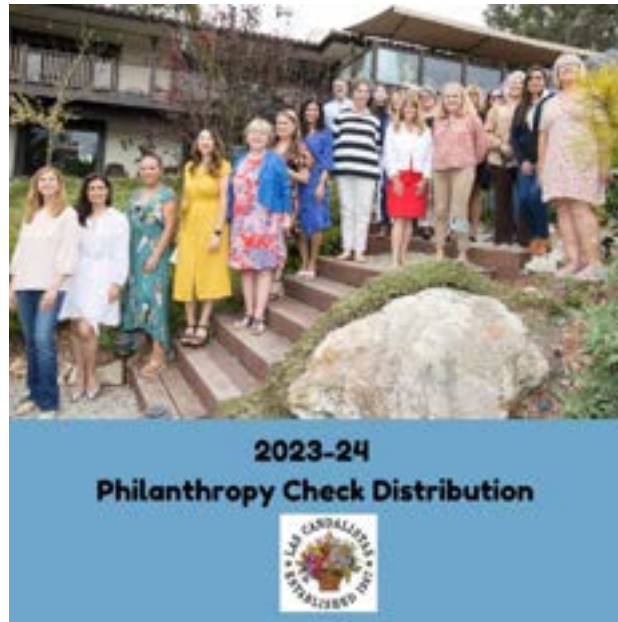
More information to follow....

Debbie Sampson
Night of Comedy & Magic Chair

PHILANTHROPY

After an amazing 2023-24 and being able to donate over \$121,000 to all our charities, we are ready to do it again! We are looking forward to another successful year of volunteering, collecting, and donating to our well deserving charities.

For the first time we held a check-giving and networking session with last year's 14 charities. It was very beneficial spending time with them, and they loved the opportunity to do some networking.



12 of our 14 2023-24 charities attended our first check giving and networking event

This year we have 12 charities nominated by members. They are

- Boys and Girls Club of LA Harbor
- Cancer Support Community South Bay
- Community's Child
- International Bird Rescue
- Los Serenos de Point Vicente
- Manes for Movement
- Marine Mammal Care Center Los Angeles
- Providence TrinityKids Care Hospice Foundation
- Rainbow Services
- South Bay Children's Health Center
- South Coast Botanic Garden
- Wyland Foundation

Our annual Philanthropy Selection Meeting was held on Wednesday, August 7th at the Malaga Cove Library. Thank you to all who attended, and to those who contributed to the discussion through sharing their insights and/or experiences with these organizations. The Philanthropy committee (made up of Officers and Board of Directors) then voted for our Top 6 charities for 2024-2025. They are:

- Boys & Girls Club of the LA Harbor
- Cancer Support Community South Bay
- International Bird Rescue
- Manes for Movement
- Providence TrinityKids Care Hospice Foundation
- South Coast Botanic Garden

The Top 6 will be invited to present their programs at our General Meeting on Wednesday, October 9th. After their presentations, our voting members will vote for our Top 3.

We are going to be adding opportunities to visit some of our charities this year. We have already visited South Coast Botanic Garden. 14 members toured the gardens and learned more about the gardens and their exciting development plans for a new Children and Family Garden.



14 members with Danielle Brown, far left, and Audra Platz, far right, from South Coast Botanic Garden

Marine Mammal Care Center LA invited us to the release of two elephant seals on August 21st, made possible by our recent donations. To express their gratitude for our support, they named one of the elephant seals Devotion in our honor! 35 members attended the joyous occasion; it was awesome and touching to see them returning home and to know that we played a part in helping marine mammals and our ecosystem.



Great member turnout for the elephant seal release! Devotion, named in our honor, was a little reluctant to return home...

Lisa Nesicolaci & Debbie Sampson
1st Vice Presidents Philanthropy

MEMBERSHIP

Welcome back! This fall we are starting off the year with 56 active, 25 associates, 66 sustainers, and 2 Inactives for a total of 149 members!

Reminders: Please wear your Las Candalistas nametag to all events. In addition, for all Actives—you are required to attend 6 out of 9 meetings during the year. If you cannot attend a meeting contact membership. Joan Sedillo - goombette@verizon.net or Kelly Reinart - reinart5@aol.com.

NEW MEMBERS! We would like to welcome our 16 Provisionals: Ara Issari, Marla Shwarts, Rene Wolfer, Susan Kawalski, Megan Zimmer, Nita Birnbaum, Noelle Mercer, Linda Belzer, Patti Mahaffey, Patti Capeloto, Linda Rubin, Eileen Peterson, Kelly Wedel, Gerri Oshry, Amelia Nadal, and Madeline Mello.

They are a wonderful group, and we hope you all come meet them at the Fall Social on October 19th. See the flyer below for the details. Look for an Evite soon.





HAPPY SEPTEMBER BIRTHDAYS TO THESE LADIES

Kathy Black 9/2, Karen Tucker 9/3, Beth King 9/4, Elaine Trutanich 9/4,
Shirley Nagelhout 9/7, Brigitte Haber 9/11, Mary Ross 9/11, Amelia Nadal 9/20,
Judy Armstrong 9/26, Susan Kowalski 9/30

Kelly Reinart & Joan Sedillo
3rd Vice Presidents, Membership

LIAISONS OF FUN

Join us for a Las Candalistas Movie Outing
Only 2 tickets left!

Saturday September 21st 2:30 pm. Happy hour or early dinner to follow at a location to be determined.



Safety Last!

1923 • Harold Lloyd • With Live Accompaniment by Randy Woltz on the Mighty Wurlitzer • This comic masterpiece gave us the most iconic image of the silent era: Harold Lloyd dangling from a clock on a skyscraper. It's one of the greatest film comedies ever made, and Harold Lloyd is one of the true masters of cinematic sight gags. Don't miss this rare opportunity to experience Safety Last on the big screen, accompanied live on a theatre pipe organ.

Since 1968, Old Town Music Hall has been showing classic films. Silent films are accompanied by the Mighty Wurlitzer, a massive 1925 wind-powered pipe organ that has been meticulously preserved so that silent classics can be experienced with live musical accompaniment, just as they did when they were first shown. It's something you really must see and hear to believe.

Sat, Sep 21 2:30 PM

Old Town Music Hall in El Segundo

140 Richmond Street, El Segundo, CA 90245

Tickets are \$21.00 per person Payable to Julie Waldron or Janie Woodburn

Questions? Please contact Julie or Janie at the emails below.

We only have 2 tickets left! If we sell out of tickets, there may be additional tickets on the Old Town Music Hall website, and you can purchase your ticket individually and join us for the movie and fun afterwards.

October Outing

Downtown Central Library Docent Tour and Lunch – Thursday October 24th

Join us for a 1-hour docent lead tour of the beautiful downtown Central Library. Our docent guide will share stories about the history, art, and architecture of LA's landmark downtown library. We will gather at the Peninsula Center Library roof top parking lot located at 701 Silver Spur, around 9:15 am where we get into carpools. Parking for the Central Library is available at 524 South Flower. After the tour we will walk to Grand Central Market where you will be able to buy lunch from a variety of vendors. There is no cost for the tour, but everyone will pay for their own lunch. Sign-ups will be at the September 11th meeting.

For more info, please contact us at the emails below.

Julie Waldron waldrons4@msn.com
Janie Woodburn jwoodlett@verizon.net
Liaisons of Fun

BOOK CLUB

Did you have time to read some good books this summer? We hope that included our September selection, the best-selling THE WOMEN by Kristin Hannah.

From the NEW YORK TIMES... "This is a story of a woman gone to war, but it shines the light on all women who put themselves in harm's way and who committed to their country but have been too often overlooked. Their idealism and courage under fire will come to define an era."

Our September Book Club meeting will be held on September 25, at 4:30 pm, at Judy Moorhead 's home 40 Hillcrest Meadows, Rolling Hills Estates

Please contact Marlyn Franklin at marlyn.franklin@gmail.com, if you plan to join us. Further information will then be sent to you. It was a fun year for our group last year and we are now looking forward to this coming year. Hope you had a fun summer!!

Marlyn Franklin
Book Club

BUNCO

BUNCO NIGHT RETURNS!

Janie Woodburn and I will be starting-up Bunco Night again on Wednesday October 16th at 6:30pm. There will be no Bunco Night in September. The location will be determined soon. Future games will always be the third Wednesday of the month. It's a great night to make new friends and enjoy a few laughs and some wine. There is even a chance to take home a little extra cash if you win one of the four prizes.

If you are interested in being on our list of players, please sign-up at our Sept. 11 General Meeting. We are also looking for people to host future games. A sign-up sheet for this will also be available at the Sept. General Meeting. There will be 12 player spots available for each game including the host. If you are unable to attend the Sept. General Meeting and want to be on the Bunco Players List, please email Hollidae Brown at hollidae12@gmail.com or Janie Woodburn at jwoodlett@verizon.net.

An invitation email will be sent the first of every month and the first 11 to respond will get to play. If you are not able to play after you committed to do so, please contact Hollidae or Janie so they can find a replacement player.

Looking forward to another season of fun and silliness!

Hollidae Brown and Janie Woodburn
Bunco

SMALL SOCIAL “FUN”DRAISERS

Small Social FUNdraisers have been nonstop with Jan Schlesinger’s **“Yard Sale”** (8/10/24) at Debbie Bramhall’s front yard! With the contributions of members who were more than happy to purge their homes of items, a good chunk of change was collected in the sum of \$1,434!!!

Then it was onward to Sally Gutierrez’s backyard for **“Floral Arranging”** (8/25/24) with Stacey Navarro directing. A fabulous time was had by all from beautiful floral creations to a sensational snack station by Sally! Peach tarts that resembled roses!!!



Look forward to **“Ladies’ SWAP”** for holiday attire and holiday decor/dining. Megan Zimmer has graciously offered to host this extravaganza on *Sunday, October 6th* from *2:00pm-5:00pm*. So pull out those fancy outfits that you cannot fit into, along with that “ugly Christmas sweater” along with festive ambiance items that you’d like to pass along to another sista from another mother. The Evite will go out in the coming weeks.

Mark your calendars for the **“The Great Cookie Exchange”** on *Sunday, December 22nd* from *2:00pm to 5:00pm* at Sally’s house again! You’ll have boxes of cookies to share for the holidays!

A **“Recycle/Reuse Jewelry”** workshop is on the horizon. I can still use some more contributions of broken and/or outdated jewelry.

So if you’ve got a great idea or can host an event, please remember to call or text me because emails might take longer than USPS.

Selina Hamilton (626)399-8887

SUNSHINE AND RAIN

Hi Ladies,

We are happy to be overseeing the Sunshine and Rain committee this year. If you have any good news you'd like to share with the group, if you're experiencing any health issues or know of a member who could use assistance with meals, or need help with errands please contact us.

Also, we'd like to set up a team of members that would be willing to run the errands, make a meal or help with a ride for a member that is in need. If you are interested in joining this team, please let us know. We will pass around a sign-up sheet at the September General Meeting with specific tasks that you may be interested in helping with.

We received the following thank you note from Donna Ciminera:

Dear Las Candalistas Members,

Thank you so much for the beautiful vase of tulips, one of my favorite flowers. And for all the cards, notes, emails, etc., which I have enjoyed. I'm feeling better each and every day and look forward to being part of LC activities again soon. Love, Donna

And also, an update from Linda Rodrick, who recently had a fall:

This has turned out to be a very looong recovery. Please thank all the members for cards and good thoughts. I am finally feeling better. -Linda

Irene Almeida 310-486-1816 irenealmeidascalistas@gmail.com

Paula Redmond 310-987-9744 theredmonds7@gmail.com

Sunshine & Rain

DONORSNAP

As most of you know, DonorSnap is the database we use to track donations, write thank-you letters, and to generate labels for event invitations.

You can help by kindly letting us know if your contact information changes between annual roster issues. Also, if you are in touch with a corporate or non-member donor (or are reaching out to new ones) please send us the name of the organization, point of contact and postal address. Please send any updates via email to Tracy and Lois at tag4646@gmail.com and lois1936@live.com. Thank you for helping us communicate at our best with an effective DonorSnap database!

Tracy Glover, Lois Riopelle, Polly Goodman
DonorSnap Chairs

COMMUNITY PARTNERS

For those of you who don't know, you can help Las Candalistas and the philanthropies we support every time you shop at Ralphs.

First, go to their website:

<https://www.ralphs.com/i/community/community-contribution-program>

Once you click on the website link above, the instructions are very clear on how to create a digital account and then link it to Las Candalistas. Once you link your Card to us, all you have to do is shop at Ralphs and swipe your Shopper's Card.

Every time you shop, your receipt will state that there was a contribution to Las Candalistas on the bottom of the receipt.

Our latest report from Ralph's shows that we have 56 households signed up and from March 2024-May 2024 we made \$356.33!

Thank you for participating!

Susan Sanborn susan.p.sanborn@gmail.com
Community Partners

THRIFT/HOLIDAY TOILETRY BAG PROJECT

There will be **NO** Thrift collection at the September general meeting.

However, the Holidays will be coming quickly, and we will be collecting items for our **Toiletry/Cosmetic** bags that we deliver to local shelters/charities in December. These items can be brought to the September general meeting. Please note these should be **NEW ITEMS ONLY**.

The items needed are:

MEN

Deodorants, combs, razors, and toiletry bags to hold the items.

WOMEN

Deodorants, lipsticks, nail polish, and any cosmetics, and cosmetic bags to hold items.

Many of these items can be purchased at dollar stores and/or CVS or TJ Max. These stores may offer gift sets that we can divide up and put in multiple bags.

We also need toothbrushes, toothpaste, (ask your dentist to donate) and any hotel size shampoo, soaps etc.

Thank you for your continued support, the residents of the shelters appreciate it!

Karyn Farris, Joan Sedillo, Carla Smith
Thrift/Holiday Toiletry Bag Project Chairs



ADOPT A FAMILY



Happy Holidays from the Adopt a Family committee. We can't wait to embark on another generous year of support from our Las Candalistas members and their friends and family in making a child's holiday wish come true. With only 180 days left until Christmas, the holiday elves have a great deal of work to do. First and foremost, we will be asking you to consider supporting this worthy cause at our October General meeting. Your support is needed, because without it, our adopted families' holidays just wouldn't be the same. With your generosity and support, each family will have their holiday morning filled with the true meaning of Christmas...GIVING. At the October General meeting, we will be grateful to receive cash or gift cards (Amazon, Target, or Kohl's) in any amount you can provide. If you are writing a check, please make it payable to Kathy Black. If you are unable to attend the October meeting, please feel free to email a gift card (ksmiljanich@aol.com) or send your support by mail.

Thank you in advance for your generosity!

Kathy Black: 213 Via Alameda, Redondo Beach, CA 90277

Cathy Howard: 3301 Danaha St. Torrance, CA 90505

Las Candalistas Adopt a Family Co-chairs

WEBSITE, SOCIAL MEDIA AND EMAIL MARKETING (CONSTANT CONTACT)

Website: Have you seen the new and improved LC website? www.lascandalistas.org. Please check it out! There are two parts to our site; a Public portion and a Members Only portion. The Public portion promotes us, our events, our current projects, etc. The Members Only portion is just for us. It has a calendar and all the documents you need such as check requests, deposit forms, newsletters, and more. To access it you need to register. Click on the menu at the top of our website, scroll down to Register and follow the instructions. I (Laura) HB) will have to approve you. Once you are approved, you can then log in. A code may be sent to your email for security reasons.

Social Media:

We have two Facebook pages accounts: a public and private one:

Public Facebook Page: please like our page and like and share our posts. Type in Las Candalistas in the search bar to find us.

Private Facebook Page: This is for Las Candalistas Members Only (please don't confuse this with our website Members Only section). We use this to post photos of LC social events, share info about our philanthropies and more. Type in Las Candalistas Members in the search bar to find this page. You have to ask to join.

Instagram: Type in lascandalistas in the search bar to find us. Click on follow. Like our posts!

Email Marketing (Constant Contact):

We have been using Constant Contact for email marketing for several years. I want to explain what this is, for those of you who are not familiar with it.

Constant Contact is an email marketing company that will send out emails for your organization. They have professional templates and the ability to send mass emails. If you subscribe to receive emails from your favorite stores, you have most likely received emails via Constant Contact.

We utilize Constant Contact mostly to advertise our events. In fact, our most recent fundraising events, used Constant Contact as the primary advertising source (along with a follow-up postcard)

All LC members are on the Constant Contact email list so any time one is sent out, you will receive it. You can, in turn, forward it on to friends, which helps us spread the word.

However, often times emails sent through companies like Constant Contact can wind up in your Promotions box or Spam box rather than your Primary inbox. So please check all your inboxes to make sure you haven't missed an email. If you have gmail, please check your Promotions tab, it will most likely go there. You can also add lascandalistas@gmail.com to your contact list. That will help.

Thank you!

Laura Henson-Broussard - Webmistress, Email Marketing, Social Media

Janis Davis McGarry – Webmistress

Stacey Navarro – Social Media

RECIPE FROM THE LAS CANDALISTAS ARCHIVES

Those of you that have been members for a while know that food is a big deal to Las Candalistas. When we put on an event, we take pride in what we serve to our guests and our members.

Each month we will feature a recipe that was either: served as lunch at one of our *Walk on the Wildside* fundraising events, served at one of our Soup Suppers (what our Fall Social used to be called), or that came from a recipe book called *Recipes from Our Fair Ladies of Las Candalistas*. This cookbook was self-published in 2004. Thank you, Jan Raymond, for giving it to me.

This month's recipe comes from the lunch served at our 2005 *Walk on the Wildside* "Palos Verdes Spring Enchantment ... The Early Years." Current member Elaine Trutanich was the Luncheon Chairperson and current members Brigitte Haber, Belinda Krekorian, Mary Sloper, and Doreen Witty served on the Luncheon Committee.

For those of you who joined LC after we stopped our *Walk on the Wildside* daytime events, and therefore stopped preparing the luncheon portion of the event ourselves, please look at the long list of ingredients in this recipe and the steps involved and imagine making this meal for about 500+ guests on a Thursday and then another 200+ on Saturday. Some earlier events had 500-700 on both Thursday and Saturday! Plus, an appetizer and dessert. Yes, this is what we used to do! Was it hard work? Yes! Was it worth it? Yes! All hands had to be on deck to make it work. Our lunch always turned out incredible, in taste and presentation. Our guests loved our lunches and often assumed they were prepared by a professional caterer.

I encourage newer members to come to our Cook/Workdays on September 16/17 to get a very slight taste of what it was like to prepare food for an event in the years gone by. These cook/workdays are also fun and a great way to get to know other members.

Enjoy!

Laura Henson-Broussard

Unofficial Historian

Chicken Couscous Candelitas

- 6 whole chicken breasts, split and butterflied
- 1 head garlic, peeled and finely pureed
- 1/2 cup dried oregano
- coarse salt and freshly ground black pepper to taste
- 1/2 cup red wine vinegar
- 1/2 cup olive oil
- 1 1/2 cups dried apricots (1/2 cup of apricots to be stuffed between two whole chicken breasts)
- 1 1/2 cups small pitted prunes (1/2 cup of prunes to be stuffed between two whole chicken breasts)
- 1 cup pitted Spanish green olives (1/2 cup of olives to be stuffed between two whole chicken breasts)
- 1/2 cup capers with a bit of juice
- 6 bay leaves
- 1 cup light brown sugar
- 1 cup white wine
- 12 cups mixed salad greens
- 1/2 cup pistachio nuts, shelled, unsalted, toasted
- Additional apricots, pitted
- Spanish green olives and Italian parsley sprigs for garnish

Stuff chicken breasts with apricots, prunes and olives. Roll up and lay them seam side down in containers.

In a large bowl, combine garlic, oregano, coarse salt, black pepper, vinegar, olive oil, apricots, prunes, olives, capers and juice and bay leaves. Pour marinade over chicken. Cover, and refrigerate overnight.

Preheat oven to 350 degrees.

Arrange chicken seam side down in a single layer in one or two large, shallow baking pans and spoon marinade over it evenly. Sprinkle chicken breasts with brown sugar and pour white wine around them.

Bake for 1 hour, basting frequently with pan juices. Chicken is done when pieces, pricked with a fork at their thickest, yield clear yellow (rather than pink) juice.

Wendy Lunch 2005

With a slotted spoon, transfer chicken to a serving platter and let cool. Transfer apricots, prunes, olives and capers to another serving platter and let cool. Strain pan juices and let cool.

To Freeze

Slice chicken maintaining shape of breasts and place in large Ziploc bag. Cover breasts with fruits, olives and capers with pan juices. Seal bag and freeze.

Couscous

- 2 cups couscous
- 2 14-oz cans chicken broth
- 1/2 tsp. salt
- Freshly ground black pepper to taste
- 2 - 4 Tbsp. olive oil
- 1/2 cup chiffonade Italian parsley

Place chicken broth in sauce pan and heat to rolling boil. Stir in couscous and salt. Remove from heat, cover and let sit for 5 minutes. Cool couscous. Fluff with fork. Add olive oil, freshly ground pepper and parsley to taste.

To Serve

Place 1 cup mixed greens on plate. Place 1/2 cup couscous on top.

Spiral three slices of chicken (one of each kind) on top. Sprinkle with toasted pistachio nuts. Garnish with additional apricots, pitted Spanish green olives and Italian parsley sprigs.

Wendy Lunch 2005

September 2024

Birthdays

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
	Kathy Black	Karen Tucker	Officer's Meeting Beth King, Elaine Trutanich			Shirley Nagelhout
08	09	10	11	12	13	14
			General Meeting Brigitte Haber, Mary Ross			
15	16	17	18	19	20	21
	Work/Cook Days	Work/Cook Days			Amelia Nadal	Excursion: Night at the Movies
22	23	24	25	26	27	28
			Book Club	Cocktails at Sunset Judy Armstrong		
29	30					
	Susan Kowalski					